



Ornaments by Geraldine Zoppa
photos provided

Holiday Shopping During Art Exhibit

A new kind of art show, featuring handcrafted one-of-a-kind gifts, opens at Sidney & Berne Davis Art Center on Friday, December 3 from 6 to 10 p.m. The artists that created each piece will be in attendance.

The show, entitled Gifted, is a Christmas group art show exhibiting in the upstairs Capital Gallery through December



Patio de Leon by John Rizza

29. It's a gift-buying experience just in time for the holidays. As many people await delivery of items that remain locked in cargo ships, here is a way to get what is needed, when it is needed, all the while supporting local artists.

Every holiday piece on display is a handcrafted original. Many items are for year-round use and each piece may be

continued on page 12

Bromeliad Show At The Estates



Bromeliads will be on sale at Edison and Ford Estates

photo provided

Edison and Ford Winter Estates is partnering with the Caloosahatchee Bromeliad Society for its annual Bromeliad Show and Sale on Saturday and Sunday, December 4 and 5 from 9 a.m. to 4 p.m. The judged show will take place on the museum porch, next to the

Garden Shoppe.

Bromeliad growers will have tents under the oak trees, near the historic banyan tree, and will offer hundreds of different species including exotic and rare plants for sale. Several experts from

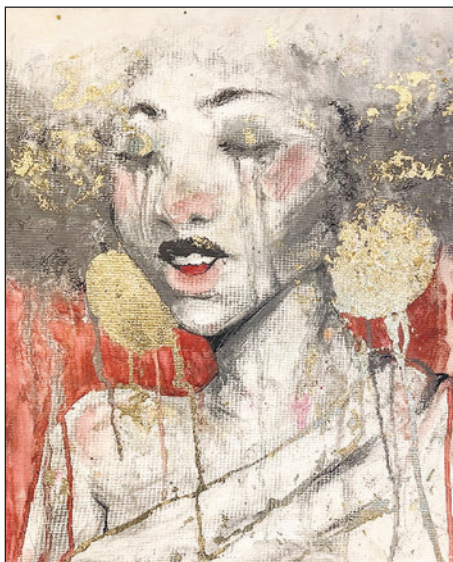
continued on page 8



Ingrid Kellenberger captured first place with *Memories of Austria* images provided

Calendar Contest Winners Awarded

Seven artists received awards for their entries in the annual Art by the disABled Calendar Contest sponsored by Arts in Healthcare-Lee Health. Artists with special challenges produced 20 entries this year and their works are on display in the atrium at HealthPark Medical Center. Entries were



Mia McMillan placed second with *Sorrow*

judged by Lee Health staff members.

The winning piece of art created by Ingrid Kellenberger will be in the permanent collection on the fifth floor of the Rehabilitation Hospital in Fort Myers. Her piece, entitled *Memories of Austria*, will also be the central art for the 2022 Art by the disABled Lee Health calendar next year.

Second place went to Mia McMillan for her piece, *Sorrow*, while third place was awarded to Carol Murphy for her work, titled *Gift*.

Four honorable mention awards were



Third place went to Carol Murphy for *Gift*

also given to area artists with special abilities. Those awards were given to Gwenn Kranz for *Finding My Way*, Maria DeLeon for *Murray The Service Dog*, Taylor Scalzo for *Palmtastic*, and Brian Burns for *Down the Track*.

All winners either received cash awards or a gift card from the Arts in Healthcare program. The seven pieces of artwork are

on display on the Art by the disABled gallery wall at HealthPark Medical Center until the end of 2021. All of the artwork is for sale.

Arts in Healthcare's mission is to comfort Lee Health patients and their families through the expressive arts and work to support the creative efforts of artists with disabilities in the community.✧

Historic Downtown Fort Myers, Then And Now:

In Praise Of Oxen



by Gerri Reaves, PhD

The occasion for the procession shown in the circa-1918 photo is unknown, but details suggest a parade celebrating the town’s pioneer legacy.

But even as the historic photo was taken, it was documenting an anachronism.

Note not only the ox-drawn wagons and cattleman-cowboy theme but also the automobiles at the end of the procession (far left).

By 1918, the pioneer days were over, the internal combustion engine had taken over the streets, and the boom was around the corner.

In the background of the historic photo is the Bradford Block, and most prominently, the Heitman Building on the northwest corner of First and Jackson, the town’s first brick building. It had opened as Harvie E. Heitman’s grocery store in February 1898. In the late ‘teens, it still had the triangular pediment with “Heitman” engraved on it atop the catty-cornered entrance and iron-wrought balcony.

But the detail in the photo that can’t be overlooked is the oxen.

Fort Myers’ legacy as a Cowtown evokes rowdy but hardworking cowboys coming to town on a Saturday night and carousing in saloons after tending or driving cattle all week – Florida’s own version of the Wild West.

But, in fact, that Cowtown legacy is less romantic that one might think, and they remind us of that. It was the ox, perhaps more than the horses, mules, or even cowboys or ranchers, that did much of the heavy lifting in the early days. And the lifting began with the ox’s neck being locked into a very heavy wooden frame, or crossbar, that yoked it to another ox.

The life of an ox was not to be envied. For starters, like the bones of scrub cattle in so many historic photos, the oxen’s bones are traceable beneath the hides.

The magnitude of the oxen’s labor could be estimated by how many teams were needed to haul a load.



A procession travels eastward on First Street circa 1918. In the background is the Heitman Building at the Jackson Street corner.
photo courtesy SWFL Historical Society



Heaven knows how long it’s been since an ox traversed First Street. The Bradford Block remains intact, but is redeveloped in the boom-time architectural style.

photo by Gerri Reaves



Oxen wore dense wooden heavy yokes

photo by Gerri Reaves

For example, when Bill Brown’s three heavily laden wagons rolled into town from Immokalee for a day of trade in October 1902, each wagon was drawn by three yokes of oxen.

Countless early settlers came to town in ox-drawn carts or wagons. In a WPA interview, Mrs. John C. (Ida Blount Stebbins) English, niece of Capt. Hendry, recalls arriving in an ox wagon in the 1870s from Polk County. She even made a distinction few people today could make: the term “wagon” refers to two oxen and “cart” to one ox.

In the 1890s, Dr. Jacob E. Brecht, agent and industrial teacher to the Seminoles for the Office of Indian Affairs, also relied on oxen. When he was appointed as disbursing agent as well, he made the two- to three-day trip to Fort Myers in an ox wagon to buy supplies.

Historical accounts reveal that the rainy season could prolong trips from deep in the Everglades for up to three weeks. Roads, inadequate at best, became impassable, and oxen and horses faced the threats of rattlesnakes, rough terrain and air so thick with

continued on page 10

Independently Owned And Operated
COPYRIGHT 2021 The River Weekly News
LORKEN Publications, Inc.



Read Online: www.IslandSunNews.com

Publisher
Lorin Arundel
Accounting
Mike Terry
Advertising
Bob Petcher

Graphic Arts/ Production
Ann Ziehl, Manager
Amanda Hartman
Willow Peterson

Reporters
Gerri Reaves, PhD
Kathy Kurtz Ferrari

Contributing Writers
Kay Casperson
Suzy Cohen
Linda Coin
Marcia Feeney
Katie Frederic
Shelley Greggs
Tom Hall
Marion Hauser, MS, RD
Ross Hauser, MD
Craig R. Hersch
Capt. Matt Mitchell
Trinette Nelson
Howard Prager
Julie Rosenberg, MD
J. Brendan Ryan, CLU,
ChFC, MSFS
Di Saggau
Jeanie Tinch
Allison Havill Todd

Published every Friday for the people and visitors of Fort Myers River District.
Distribution: 6,000-8,000 per week (seasonal).

Readers with news, tips, comments or questions, call 239-395-1213,
write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957
or email: press@islandsunnews.com. To advertise, email: ads@islandsunnews.com.

*The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.
We will correct factual errors or matters of emphasis and interpretation in news stories.*



Anne Reed performs in *The Complete History of America*

photo courtesy Sisk Media

Comedy Puts American History On Fast Forward

The Southwest Florida premiere of the comedy *The Complete History of America (Abridged)* by Adam Long, Reed Martin and Austin Tichenor opens at The Laboratory Theater of Florida on December 3 and runs until December 19.

This fast-paced comedy is American history on speed, offering a 90-minute roller coaster ride about 600 years of history to remind us that it's not the length of your history that matters - it's what you've done with it.

Artistic Director Annette Trossbach said: "History has never been this fun. Or so very deliciously butchered! This roller-coaster ride will both entertain and educate as it travels through the 'great experiment' that is the United States."

"I love comedy. I don't love history and politics. But poking fun at history and politics? That's why I chose to direct this show. Our ability to laugh at ourselves and our history levels the playing field. It allows us to deal with the uncomfortable and challenging things we are facing today, even if it's only for 90 minutes at a time," said director Heather Johnson.

The Complete History of America (Abridged) is sponsored by Arlene Foreman.

Tickets are \$30 each or \$10 for students with valid student IDs. There are two half-priced previews on December 1 and 2, and there is a new Thursday night special ticket price of \$25 each for adults. Seating is socially distant and limited for safety. Masks are required to be worn when inside the theater.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, call 218-0481 or visit www.laboratorytheaterflorida.com. ❄️

Free Activities At Slough Preserve

There will be a "Sloughbration" at the Friends of Six Mile Cypress Slough Preserve's 20th Anniversary on Saturday, December 4 from 10 a.m. to 4 p.m. The free event that celebrates 20 years protecting the slough offers educational opportunities for all ages.

Free parking is available at the nearby Lee County Sports Complex at 14100 Six Mile Cypress Parkway. A free continuous shuttle will take attendees to and from the slough. No public parking will be available at the slough on event day. A Spanish translator will be available at the welcome area.

Activities, displays and presenters include:

- Guided walks;
- Bird walks;
- Interactive demonstrations including butterflies, birds, reptiles, insects, mammals, skulls, plants, basket weaving and sensory exploration;

- Adam's Animal Encounters;
- Florida Fish and Wildlife Conservation Commission (FWC) Panther Outreach;
- Florida Gulf Coast University Water School;

- Lee County Mosquito Control District;
- Lee County School District Environmental Education;
- Estero Bay Aquatic Preserve;
- CROW (Clinic for the Rehabilitation Of Wildlife);
- Randell Research Center;
- Plein air artists from Fort Myers Beach Art Association;
- Children's scavenger hunt;
- Silent auction including items donated by photographer Clyde Butcher; and
- Music by The Florida Keys from 10 a.m. to 1 p.m. at the Great Blue Heron pavilion.

Food vendors include Brew Box Coffee Company, Nelson's Port-a-Pit, Red Roc Cravings and Belgian Yummies Ice Cream. A commemorative T-shirt, which features the Sloughbration logo by a 2021 summer camp attendee and an image that depicts a pond in the slough with an alligator and a turtle sunning themselves, will be available for purchase. Sale proceeds go to the Friends' mission to protect, preserve and promote the slough.

Six Mile Cypress Slough Preserve, a Lee County Parks & Recreation site, is located at 7751 Penzance Road in Fort Myers. For more information about the event, email friendssloughbration@yahoo.com. ❄️

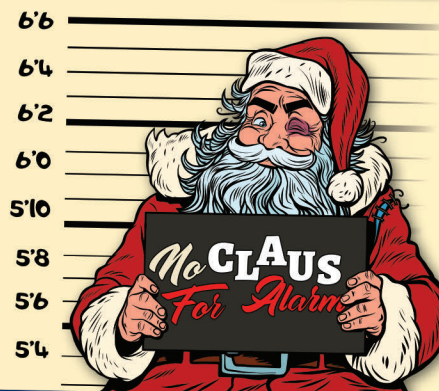
In the Main Theatre

HOLLY JOLLY Christmas

**NOW -
DECEMBER 25**

This holiday song and dance extravaganza is perfect entertainment for all ages! Holly Jolly Christmas embraces the season with Broadway-style dancing, stunning costumes and the traditional holiday favorites you know and love. Bring family and friends and celebrate the most wonderful time of the year with *Holly Jolly Christmas*, *Jingle Bells*, *Silent Night*, *Santa Claus Is Coming To Town* and more!

In the Off Broadway Palm



**NOW -
DECEMBER 25**

A new holiday comedy about a lawyer who's in a pickle when he unknowingly brings on the head of the Russian Mafia as a client. Let's just say, there are more than chestnuts roasting on an open fire!

BROADWAY PALM Gift Certificates

AVAILABLE IN ANY DOLLAR AMOUNT

Always Get a Standing Ovation!



SWFL'S PREMIER DINNER THEATRE
BROADWAYPALM



1380 Colonial Boulevard, Fort Myers • 239.278.4422 • BroadwayPalm.com

Fort Myers Art:

Therapy Program Aligns Theater With Horses



by Tom Hall

The Naples Therapeutic Riding Center (NTRC) and The Naples Players (TNP) have teamed up to present a unique program to Southwest Florida. It is so unique, in fact, that it is the only

one of its kind in the United States.

Called Expressive Theater Therapy with Horses, it is a free program offered to those who are eager to reduce and manage stress, deal with grief and loss, ease symptoms of trauma, depression or anxiety, create healthier relationships, and improve communications and increase self-awareness and trust.

Anyone who has endured trauma or who has struggled with mental health and emotional wellbeing should register for this class. Families or caregivers are welcome. Four-week sessions are held September through May on Thursdays from 5:45 to 7 p.m. for six participants and are age-appropriate for those 10 years and older, teens or adults.

To make these life-changing classes happen, Naples Therapeutic Riding Center



Horses make great therapeutic animals

Executive Director Missy Lamont works closely with a team that includes: David McKenzie, program director; Lea Haven, certified therapeutic riding instructor (equine specialist in mental health and learning); Dianne Durante, EdS, education specialist and licensed marriage and family therapist; and Craig Price, director of community education and wellness at TNP.

"TNP partners with over 20 nonprofits in Southwest Florida in order to deliver our mission and serve the community," said Bryce Alexander, CEO and executive artistic director at The Naples Players. "This is by far the most unique effort,

photo courtesy www.artswfl.com

and one of the most rewarding for the individuals we serve."

Horses and improv are not only fun, but they make participants feel comfortable as a group and with oneself. The experience allows participants to play, share and heal with the help of a professional therapist.

"Horses are incredibly intuitive and understand where you are emotionally," noted Price. "Horses can even feel a heartbeat from four feet away. I always knew that improv made me feel better and saw it help other people in the community – I was blown away by how effective and calming these horses are. We had one participant walk in with severe anxiety, and the horse immediately calmed her down."

The horses at NTRC are special. Most are older – age 10 and older. Most are neutered males, known as geldings. All possess that unique personality or temperament that enables them to connect with riders with special needs. They like working with humans.

When horses interact with humans, they tend to synchronize to our heartbeats, which is why they can sense slight adjustments in our moods. "The improv aspect of the classes acts as an ice breaker," Price added. "We play improv games such as 'dance diamond,' where whoever is at the head of the diamond is in control and everyone else has to copy. So, if the horse is at the lead, everyone imitates the horse."

Participants also groom and talk with the calming, nonjudgmental horses during the classes. "Dianne Durante and Lea Haven help the horses and humans connect," Price said. "Dianne comes in with tools to help everyone process the emotions that they're feeling – whether it's something they've come in with or something that the therapy brings out. Lea supports everyone, so they know how to be safe with the horses."

The Naples Therapeutic Riding Center seeks to improve the lives of children and adults with physical, social and mental health needs through therapeutic riding and other equine-related programs. From modest beginnings, NTRC has evolved into one of the top equine-assisted therapy centers in the entire Southeast. NTRC now serves more than 700 participants each year and provides more than 9,000 hours of service annually. With a herd of 12 to 14 horses and the assistance of 350 community volunteers, NTRC is one of the few organizations capable of providing unique equine-assisted therapies to a broad range of children and adults who show increasing benefits due to their interactions with horses, including people suffering from PTSD.

NTRC was the subject of a short documentary made in 2018 to support its annual Bootstrap Boogie Barn Dance fundraiser. Titled *Walk On*, the 10-minute Big Pup film told the story of Kendra Johnson who has learned to overcome disabilities attributable to a genetic disorder known as arthrogryposis through her interactions with the staff and horses at the center. *Walk On* took Best Short Documentary honors at the 2020 Bonita Springs International Film Festival, Best Equestrian Documentary Mini honors at EQUUS Film Festival and was an official selection of the Prescott Film Festival, Focus On Ability Film Festival, Assim Vivemos (Brazil's international disability film festival), Melrose Film Festival, Respect Belfast Human Rights Film Festival and the Bluenose Ability Arts & Film Festival.

NTRC is located at 206 Ridge Drive in Naples. To learn more about the NTRC-TNP program or to take part, contact McKenzie at program@ntrc.org or 596-2988.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱

FORT MYERS OLIVE Oil and BALSAMICS

Ask us about our CBD oils!

Monday - Saturday 10 am - 6 pm • Sunday 11 am - 4 pm • 239.275.5100
FortMyersOliveOil.com • 7101 Cypress Lake Dr. #57, Fort Myers, FL (Costco Plaza)

Where you can "taste" the difference!

Cape Coral Olive Oil Company NOW OPEN!

We carry the freshest, finest quality Extra Virgin Olive Oil and Balsamic Vinegars.

Dozens of flavors to choose from!

FREE 60ml bottle of Sicilian Lemon Balsamic Vinegar with any purchase of Olive Oil.

Must present coupon. Limit one per person. Expires 12/3/21

LUCILLE'S BOUTIQUE

PREMIUM WOMEN'S CONSIGNMENT

15675 McGregor Blvd. Extension
Ft. Myers, Florida 33908

Mon - Fri 10 to 5
Sat 10 to 4

239-489-3554

Consignment by appt. only

lucillesboutique@hotmail.com

BRING THIS AD IN FOR 10% OFF YOUR PURCHASE

Pet Fest At Animal Services

Lee County Domestic Animal Services (LCDAS) will host its Annual Pet Fest event on Saturday, November 27 from 11 a.m. to 2 p.m.

This event will feature "Rescue Row" with area shelters and rescues, a craft fair, garage sale and silent auction. Santa will be available for pet photos from 11 a.m. to 1 p.m. Participants will receive two digital photos and one animated photo with a \$10 donation to the Animal Care Trust Fund.

The county will reduce adoption fees for the event. People can visit www.leelostpets.com to complete an adoption application prior to the event to save time. All adoptions are \$10 with an approved application on event day.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package.

LCDAS is located at 5600 Banner Drive in Fort Myers. For more information, sign up for the Lee County Government newsletter at www.leegov.com/resources/newsletters.

Continental Women's Club

The Continental Women's Club will hold its monthly luncheon at The Hideaway Country Club on Thursday, December 9 at 11:30 a.m. The program will feature live holiday music and sing-along participation. There will also be a special presentation by a local author and book reviewer/critic.

Cost to attend the luncheon is \$24.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. For more information or to make a reservation, call Liz Paul at 691-7561.

Discount Offer At Mound House

Mound House will offer unique holiday gifts at a discount in its store on Saturday, November 27. Receive 20 percent off entire purchase between 9 a.m. to 4 p.m. in recognition of Small Business Saturday.

American Express began Shop Small Saturday in 2010 to encourage people to shop at their local small businesses. It has grown into a national movement recognized on the Saturday after

Thanksgiving.

Mound House is on the national register of historic places and has been designated a 2020 Traveler's Choice destination by Trip Advisor. The house and its grounds sit atop a 2,000-year-old Calusa Indian Shell Mound. Programs are offered, and the grounds are free to explore daily from sunrise until sunset.

Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information, visit www.moundhouse.org or call 765-0865.

Fish Fry And Silent Auction

The Ostego Bay Foundation Marine Science Center is holding its annual Fish Fry & Silent Auction at Bonita Bill's Waterfront Café on Friday, December 3 from 5 to 8 p.m.

The duo event is a fundraiser for the Ostego Bay Foundation, which has been providing education about the local marine environment and commercial fishing industry while promoting true Old Florida style fun for over 30 years.

Tickets will be sold for the 50/50 raffle, and there is no entry fee or charge to bid on any item in the silent auction. Cost for the fish fry is \$12.

Donations for the auction are being sought. Call Joanne Semmer at 470-4993 or Dan Eaton at 765-8101 for donation information/pick up. Ostego Bay is a 501(c)3 nonprofit organization, so donations are tax deductible.

Bonita Bill's Waterfront Café is located at 702 Fisherman's Wharf on San Carlos Island. For more information, visit www.ostegobay.org or www.bonitabills.com.

Hope Hospice Tree Of Lights

Hope Hospice's Tree of Lights tradition offers a meaningful way to commemorate loved ones while providing essential funds for those in need of hospice care and grief support.

Hope's Care Centers in Fort Myers, Bonita Springs, Cape Coral and Lehigh Acres will each feature a Tree of Lights adorned with white paper butterflies. With a \$50 gift, Hope will customize a butterfly with the name of your loved one and place it at the location of your choice. Donors who give \$100 will also receive a 2021 keepsake metal ornament engraved with the Hope Hospice logo.

To learn more about honoring a loved one this holiday season, visit www.morehope.org/tree or call 482-4673.

Santa's Block Party Returns

On Saturday, December 4, Santa's Block Party will offer kids workshops during Festival of Trees at Sidney & Berne Davis Art Center from 10 a.m. to 2 p.m. Children will be able to make arts, crafts, holiday cards and decorate their very own cookies from Publix Super Markets. They will also get to write letters to Santa and military service members, and participate in the Touch-a-Truck program and fire safety with Sparky the Fire Dog.

Santa's Block Party also offers a fun train ride around the center. One free train ride ticket will be included with each workshop admission, a cost of \$6 per child. Additional train ride tickets may be purchased for \$2 at the train depot. Rides are free for adult family members.

Santa will arrive by train. Festival of Trees is a wonderland filled with decorated trees, each going home with a lucky winner of the Festival of Trees raffle. There will be stage entertainment throughout the day by Lee County dance students. Admission is \$2 per person.

Festival of Trees is presented by Publix Super Markets Charities, benefiting Goodwill Industries of Southwest



Santa speaks to a couple of elves
photo provided

Florida and Sidney & Berne Davis Art Center. It is sponsored by Lowe's Home Improvement, Two Men And A Truck, Culligan, OneDigital, Suncoast Credit Union and Lipman Family Farms.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information and a complete schedule, call 333-1933 or visit www.sbdac.com.



Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets

DECORATING DEN INTERIORS®

Luxury Design | Concierge Service

"We take care of all of the details, so you don't have to"



695 Tarpon Bay Rd. Sanibel, FL 33957 239.472.6551
coin.decoratingden.com

ALL ABOUT



REAL ESTATE EXPERT

SW Florida, Fort Myers Beach,
Sanibel & Captiva Islands
is All About Home

Cathie Lewis, Realtor

I will Sincerely work for You

Phone: 239-745-7367

Cathie@AllAboutHome.Life

Pfeifer Realty Group



OBITUARY

CAROLYN SLAWSON DECOSTER
1931-2021

Carolyn Slawson DeCoster died in her sleep of natural causes on October 27, 2021 in Fort Myers, Florida.



Carolyn was born June 13, 1930 in Mineola, New York to Robert and Florence Slawson. The youngest of three children, she attended high school in Garden City, New York and Milwaukee Country Day School in Whitefish, Wisconsin.

She attended Northwestern University in Evanston, Illinois, where she became a member of the Delta Gamma sorority.

In 1951, Carolyn married Robert Lewis Stahl in Milwaukee. They raised their four children in Wilmette, Illinois, where they made lifelong friends and celebrated holidays with their extended family. They were later divorced.

In 1972, Carolyn married Donald W. DeCoster Jr., and together they shared 36 wonderful years. For nearly two decades, they lived in Sunfish Lake, Minnesota, and enjoyed spending time with their blended family of seven children and grandchildren, sailing off Madeline Island, Wisconsin, playing golf

at Somerset Country Club and traveling the world.

Carolyn proudly graduated from Metro State University in 1975 and later worked for a nonprofit organization supporting women entering the workforce. She also co-owned the Paperback Trader, a used bookstore on Grand Avenue in St. Paul.

A former board chair of the St. Paul YWCA, she was active in the garden club and cultivated a love of flowers throughout her life. Carolyn had an active social life, enjoyed tennis and golf, knitting, needlepoint, reading and crossword puzzles.

Carolyn cherished her relationships with her family. She spent many hours researching her family's genealogy and successfully applied for membership to the General Society of Mayflower Descendants.

In retirement, Carolyn and Don moved to Sanibel, Florida, where they lived for two decades, had a large circle of friends, volunteered for local nonprofits, and became members of Sanibel Congregational United Church of Christ.

After Don's death in 2008, Carolyn spent many happy hours with her neighbors at Shell Point Retirement Community and the church group where she met her special friend, Iver Brook.

Carolyn was feisty, opinionated and a keen observer of the world. She kept tabs on the latest news by text, email, newspapers and social media. She was widely admired and loved by her

large family and friends throughout the country.

She is survived by her four children, Nancy (Don) Melton, Peter (Stacey) Stahl, Tom (Susan) Stahl and Amy (Kevin Learned) Stahl; her grandchildren Eric (Melissa) Braem, Justin (Bahareh Harandi) Braem, Whitney and Stephanie Stahl, Bradford and Grace Stahl, Quinn and Drew Stuebner; great-grandchildren CeCe Braem and Lyla Braem, brother Robert (Jeanne) Slawson and sister Barbara Larson Peters; stepchildren

Alida (Perry Beider) DeCoster, Claire DeCoster and Don DeCoster III, two step-grandsons, a step-great-grandchild, and nine nieces and nephews.

A celebration of Carolyn's life will be held at 1 p.m. on Saturday, December 4 at Sanibel Congregational United Church of Christ, 2050 Periwinkle Way, Sanibel, FL 33957. A celebration of life is tentatively planned for summer 2022 in St. Paul, Minnesota. Donations to Sanibel Congregational United Church of Christ are appreciated.✽

School Band
Seeks Donations
For London Trip

The Fort Myers High School Marching Band is seeking donations to help cover travel expenses for its eventual trip and performance at the 2023 New Year's Day Parade in London, England.

As part of its fundraising efforts, the Fort Myers High music department is hosting a holiday concert in the school auditorium on Friday, December 10 at 7 p.m. Tickets are \$15 at the door for general admission and \$20 for VIP seating. Families and children are welcome.

"We are extremely proud to have been invited to march in the London parade for the third time in our school's

history," said Cyndi Mudgett of the Greenwave Band Boosters. "But we can't do it without help from the public, since the cost to attend this once-in-a-lifetime performance opportunity is \$3,400 per student. We are hoping the community will chip in to help us reach our goal. We also encourage donations of any size from area businesses and commercial organizations."

Monetary contributions should be made payable to FMHS Greenwave Band Boosters, Inc. and mailed to Fort Myers High School, ATTN: Greenwave Band Boosters, Music Department, 2635 Cortez Avenue, Fort Myers, FL 33901.

Red and white poinsettias for \$20 per plant are also being sold by the band. Orders including color selection and check must be received by Tuesday, November 30 at the school's address. They will be available for pickup at the holiday concert on December 10.✽

Churches/Temples

ALL FAITHS UNITARIAN
CONGREGATION

Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE
CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE

Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalhouse@aol.com, 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM

Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH
AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com.

crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com.

2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF

FORT MYERS 11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL

CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonast

ery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER

Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL

Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN

CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press @islandsunnews.com or call 395-1213.✽



Funnel-shaped flowers are the plant's main appeal
photos by Gerri Reaves

Plant Smart

Madagascar Rubbervine

by Gerri Reaves

Madagascar rubbervine (*Cryptostegia madagascariensis*) has long been cultivated as a landscape and house plant because of its glossy foliage and pretty flowers.

However, scientists currently recommend not planting this ornamental because of its high invasive potential.

The climbing shrub is now listed as a category II invasive pest plant by the Florida Exotic Pest Plant Council.

Category II status means that the species has increased in abundance or frequency but has not yet altered Florida plant communities to the extent shown



Madagascar rubbervine is a fast-growing invasive shrub

by Category I species, which have already caused documented ecological damage.

A native of Africa, Madagascar rubbervine has proven to be an invasive problem in various countries, as well as the state of Hawaii. Fast growth, longevity and seeds that are dispersed by wind and water increase the invasive potential.

This member of the milkweed family has strong woody stems that exude a milky sap, or latex, when broken, thus the common name. Contact with the sap

can cause serious skin irritation.

Prominent warty spots, or lenticels, dot the stems.

The opposite oblong leaves measure up to five inches long. Evergreen and leathery with glossy upper sides, they grow in winged pairs along the stems.

The funnel-shaped flowers are lavender to pink with a deeper colored throat. The five petals form an attractive over-lapping, or pinwheel, arrangement.

A pair of pointed angled pods appears at the branch ends and split open to

release numerous seeds attached to white silky hairs.

If this species is in your yard, consider replacing it with a native or Florida-friendly species.

Sources: *500 Plants of South Florida* by Julia F. Morton, www.cabi.org, <https://dlnr.hawaii.gov>, and <https://weeds.brisbane.qld.gov.au>.

Plant Smart explores the diverse flora of South Florida.✱

Guided Walks At Preserve Resume

Free guided beach walks at San Carlos Bay Bunche Beach Preserve have resumed each Wednesday now that cooler fall weather has arrived. The walks are held at 9 a.m. and will continue through the end of April.

Visitors of all ages can experience this volunteer-led program and learn the basics of different beach ecosystems, types of shells and more. The walk is free with paid parking of \$2 an hour per vehicle or \$10 per day. The meeting point for the walks will be at the southernmost end of John Morris Road in the parking lot.

San Carlos Bay Bunche Beach Preserve is located at 18201 John Morris Road in Fort Myers. For more information about Lee County Parks & Recreation locations, amenities and special events, visit www.leegov.com/parks or call 533-7275.✱

Town Council Approves Park Redevelopment

The Fort Myers Beach Town Council recently approved the construction phase of one of the town's three large redevelopment projects.

Wright Construction has been chosen for the redevelopment of Bayside Park, located in the downtown district on Old San Carlos Boulevard.

Construction is expected to cost \$885,346 which includes a contingency of \$44,267.30. A start date will be set during the process of executing the contract documents.

Redevelopment plans for Bayside Park have been under discussion for the past few years along with two other iconic areas of Town – Bay Oaks Recreational Campus and Times Square. In November 2020, Town Councilors finalized a \$10 million loan secured through First Florida Integrity Bank to fund all three projects. Grants to help offset the cost of these projects are also being pursued.

In other business, a new ordinance on the prohibition on plastic straws was adopted to allow an environmentally friendly new alternative to petroleum-based plastic straws and paper-based straws. The town's first ban on plastic straws was adopted in 2017 and this new ordinance replaces it.

For more information, visit www.fortmyersbeachfl.gov.✱



ARC is the largest no-kill shelter/sanctuary in Florida. They house both dogs and cats.

Please visit their website for more information or schedule a visit.

This friendly lady has a smile that will melt your heart. She has a sweet disposition, enjoys her walks and treats. Why not make an appointment to meet her today? She would make a wonderful companion!

239-731-3535 • AnimalRefugeCenter.com
18011 Old Bayshore Rd, N. Ft. Myers



Oreo

Pit Bull Terrier Mix
Female • 65 lbs.
10 yrs • Black w/White

MEET THE SHELL MAKERS

SEE SPECTACULAR EXHIBITS OF MOLLUSKS AND SHELLS

ENCOUNTER LIVE ANIMALS IN OUR TOUCH POOLS

BE WOWED BY OUR GIANT PACIFIC OCTOPUS

ATTEND A KEEPER CHAT AT 11 A.M. DAILY

WIN A PRIZE ON OUR SCAVENGER HUNT



BAILEY-MATTHEWS
NATIONAL SHELL MUSEUM



3075 Sanibel-Captiva Rd., Sanibel, FL
(239) 395-2233 • ShellMuseum.org

**Open Daily
10 a.m.-5 p.m.**



LEE COUNTY
TOURIST DEVELOPMENT COUNCIL

Low And Slow During The Cold



by Capt. Matt Mitchell

After the last cold front, water temperatures dipped into the mid 60s for a couple of days. This chilly water meant switching it up to shrimp fishing until water

temperatures slowly crept back to that magical 70-degree mark. Although I did manage to catch shiners on these cold days, most of our action came on both live shrimp and chunks of shrimp for the two coldest days.

Areas just inside the passes with swift-moving current gave up the first keeper sheepshead of the season. Chunks of shrimp fished on a jig head also caught a winter variety of fish including black drum, rat redfish and even a few trout. This shrimp bite will continue all winter long with the best action coming immediately following a cold front and when the water is cold.

Live shrimp also got it done out on the flats while fishing popping cork rigs. Deeper holes and edges of the flats produced the better bite in four to six feet though most of these trout are on the small side of the slot. If you are looking for nonstop action, this flats' bite is hard to beat as there are also lots of ladyfish and



Both black drum and sheepshead love the cold water

photo provided

jacks in the mix. Start by drifting until you locate the fish, then anchor up.

As water temperatures slowly crept back up to 70, we made that gradual change back to shiner fishing. Deeper mangrove channels all held lots of smaller snook along with some trout that ate freeline shiners. Way back in the 'Ding' creeks, action was nonstop during the lower tide periods with both snook and jacks feeding hard. A 50-plus fish day in these creeks was a pretty standard day out.

During the cooler mornings, I found these snook out in the mangrove creeks soaking up the sun along the shallower shorelines. Dark bottom in skinny water is a great place for these fish to lay out and warm in the sun as they use it like a solar panel. These snook gave us some great sight-fishing opportunities. Being able to watch a snook chase down and eat your bait in clear shallow water is as good as it gets.

With another major cool down forecast for this week, you can expect the same pattern to play out yet again. Shrimp fishing will be most productive for a few days until water temperatures rebound to 70 degrees. The variety of species caught while shrimp fishing can be remarkable. Remember, fish small baits low and slow for success during low water temperatures.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪

From page 1

Bromeliad Show

the society will be on hand to answer questions about bromeliads.

This event is the largest bromeliad sale in the State of Florida. Growers from other areas, including Miami, Sarasota and Venice, will be participating.

A limited number of garden carts will be available; guests are encouraged to bring their own. Food trucks will have refreshments available for purchase. Parking and admission to the sale are free (does not include tours or admission to the museum, lab or riverside of the property).

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonford.org.✪

CAPT. MATT MITCHELL

USCO Licensed & Insured

Light Tackle Sport Fishing
Sightseeing • Eco Tours
Tarpon • Snook
Redfish & More
C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

CLEAR YOUR GEAR™
It Catches More Than Fish

Untangle tackle from vegetation and discard it responsibly

BILL FISCHER

Send Us Your Fish Tales

We would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to press@islandsunnews.com or call 395-1213.

ISLAND MARINE SERVICES, INC.

NEW MOTOR SALES • REBUILT POWERHEADS • FACTORY TRAINED

MERCURY - MARINER - JOHNSON - EVINRUDE
SUZUKI - YAMAHA - OMC - I/O'S - MERCUISER

Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life

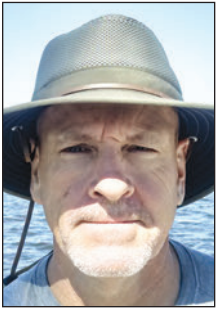
472-3380 • 466-3344

Your Bottom Specialist • Call on Paint Prices

Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Banded Water Snake



by Bob Petcher

The banded water snake (*Nerodia fasciata*) is a nonvenomous snake that is not known to be a threat to humans or pets, but it will bite to defend itself. Often called the southern

water snake, this reptile has a brown and grayish back with reddish brown crossbands.

The banded water snake is sometimes mistaken for the cottonmouth, which can kill its prey with a single venomous bite. Both snakes swallow their prey whole, but the banded water snake does not use constriction or subduing beforehand.

At CROW, a banded water snake was admitted after being found lethargic, with a possible eye injury. Upon examination, veterinarians were able to determine the snake had a retained spectacle on its right eye during a shedding process.

"When snakes shed, they shed all the scales on their body. In snakes, the spectacle – or eyecap – is the scale that covers the eye. When that scale doesn't come off with the rest of the snake's shed, it is considered to be retained,"



Patient #21-5699 might need an eye surgically removed

photo by Haillie Mesics

explained CROW Rehabilitation Manager Breanna Frankel. "It can sometimes cause vision deficits which can lead to malnourishment and pain."

Surgery was not planned initially. Veterinarians administered artificial tears and began daily eye soaks to help the snake properly shed the leftover skin.

"Typically, we avoid pulling the retained spectacle off as it could cause damage to the surface of the eye," said Dr. Robin Bast, CROW staff veterinarian. "In this case, the daily eye soaks – warm water soaked cotton ball compresses on the eye to loosen the spectacle – are not working, likely

due to underlying infection. Surgery is planned for tomorrow morning (Tuesday) for a wedge resection of the spectacle to allow us to more easily administer topical medications directly into the eye. We hope that after this procedure and by continuing eye soaks, the rest of the spectacle will fall away and underlying infection will resolve."

Snakes have been known to "outgrow" their skin. It could take some time for the patient to complete its shed.

"Typically, when snakes begin a shed, the whole process may take up to two weeks," said Frankel.

"They utilize extra energy to shed their

skin, and often don't want to eat or be active during this time," added Dr. Bast.

The patient may require help with feeding to keep its fuel level up for the energy it needs.

"It was started on antibiotics and is receiving supplemental feeds to ensure enough calories to heal properly. The snake enclosure is being misted daily to provide appropriate temperature and humidity for shed to occur," said Frankel. "The snake had been offered a number of 'normal' prey items, including small fish, but has not eaten on its own yet. It is supplement fed two to three times per week with a liquid diet through a tube."

This patient will continue to receive treatment with hopes that it will eventually be cleared for release.

"It will likely be several more weeks before we know the outcome in this case," said Dr. Bast. "If all goes well, we should be able to release the snake within the next month, once the infection has cleared up. In a worst case scenario, we might have to surgically remove the eye, but the snake should be able to survive in the wild with one eye. We are keeping our fingers crossed for a full recovery and release – with both eyes."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Wading Bird Report Released

Approximately 43,000 wading bird nests were initiated during the year, according to the latest South Florida Water Management District (SFWMD) annual South Florida Wading Bird Report. Wading birds, one of the bellwether species used by scientists to gauge the overall health of the Everglades, are studied to count the number of nests and determine the success of their nesting activity.

"This latest reporting year is about an average year for nesting activity. This is expected to happen some years because of climatic conditions. Drier than average conditions for most of the nesting season followed by a large rain event in May created unfavorable conditions for nesting," said SFWMD Dr. Mark Cook, lead editor of the report. "In past years, these conditions could have led to a very poor nesting year but this was average. Things have improved over the past decades because we are improving water management and building additional restoration projects. Today's (mid-November) announcement shows we are moving in the right direction with Everglades restoration."

The report shows that three of the four wading birds species studied by SFWMD, including the great egret, white ibis and wood stork, continue to meet

their three-year average targets prescribed in the Comprehensive Everglades Restoration Plan (CERP). It also shows that 25 percent of all nests were found in coastal areas, a region where scientists have been trying to restore nesting for years. Five to 10 years ago, as little as 10 percent of all nests were found in these areas.

In the 1980s and 1990s, before the start of Everglades restoration began, nesting years would routinely see as few as 5,000 nests throughout South Florida regardless of climatic conditions.

"Wading birds, our environment and all of our communities can benefit when we restore South Florida's hydrology and have the necessary infrastructure to move more water in the Everglades to the right places at the right time," said SFWMD Governing Board Chairman Chauncey Goss. "Under the leadership of Governor Ron DeSantis, the South Florida Water Management District remains committed to expediting Everglades restoration projects all across South Florida to support our natural ecology and reduce harmful discharges from Lake Okeechobee to the Northern Estuaries."

While the latest Wading Bird Report, which covers November 2019 through Summer 2020, was about average, Dr. Cook said preliminary data shows the 2021 wading bird nesting season may be well above average.

For more information, visit www.sfwmd.gov.

In the Moo-d for
**UDDERLY
GREAT
FOOD!**



LIVE MUSIC
Fri, Sat & Sun
5pm - 8pm



Get a taste of Key West right here on Sanibel.

For the past 18 years, The Island Cow is Sanibel's award-winning family dining destination with great cookin', lavish island cocktails, specialty coffees, outdoor games, and live entertainment.



BODYGUARD
Ultimate
NO-SEE-UM DEFENSE
SOLD HERE



Family Owned & Operated | 300+ Menu Items | Open Daily 8am - 9pm
2163 Periwinkle Way, Sanibel Island | 239.472.0606 | SanibelIslandCow.com



Trudy Sampson on Bunche Beach

photo provided

Naturalist Leads Ecological Tour

Trudy Sampson, Florida master naturalist and president of the Scientists' Society of Southwest Florida, led a November ecological tour of Bunche Beach recently. Walking along the strandline or high tide line where debris is deposited, Sampson identified a large number of critters including tubes formed by worms sticking upright in the sand, egg sacks of various marine animals, shells of fiddler, horseshoe and

other crabs. The low tide attracted a large variety of feeding shore birds such as plovers, terns, herons and pelicans that were searching for worms and other animals in the sand. The beach also features a variety of interesting plants that are adapted to the salty conditions. Bunche Beach is a 731-acre natural preserve containing mangrove forests, salt flats and sandy beaches, and is maintained by Lee County. It was named to honor Dr. Ralph Johnson Bunche, scholar, civil rights advocate and world statesman. Dr. Bunche was the first person of color to win the Nobel Peace Prize. Prior to the Civil Rights Act of

1964 breaking down racial barriers and inclusion of all citizens in American society, Bunche Beach was dedicated as the beach for blacks. It was the only beach in Lee County that people of color could go to without risk of harassment or arrest. Today, it is visited by everyone and is one of the lesser-known gems of Lee County. Membership in the Scientists' Society of Southwest Florida is open to everyone interested in all aspects of science and encouraging students in STEM education. Field trips for members are scheduled throughout the year. Degrees in the sciences are not required. As a 501(c)3, nonprofit organization, contributions are tax deductible. For more information about membership and programs, visit www.science-swfl.org.

Red Sox Holding Auditions For National Anthem

The Boston Red Sox are looking for new talent to fill approximately 17 spots to perform the National Anthem for the 2022 spring training season at JetBlue Park.

Auditions will be held on Wednesday and Thursday, December 8 and 9 from 4 to 7 p.m. JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. All ages are welcome to audition.

Reservations must be made in advance by contacting Kim Macdonald at kmacdonald@redsox.com or 226-4761 to reserve a timeslot. If unable to attend these dates, contact Macdonald about submitting an audio recording. Space is limited.

The Red Sox home opener for the 11th season at JetBlue Park will be held on Sunday, February 27 against the New York Yankees – the first spring training matchup against the Yankees since 2020. In total, the team will play 34 games in 32 days, which includes 17 home games and 17 road games against seven American League teams, and four from the National League. In advance of the Grapefruit League games, the Red Sox will play an exhibition game against the Northeastern University Huskies on February 25. The Red Sox will close its spring training schedule at home against the Twins on March 29.

year. The shows provide an economic boost and bring the community together. Committee members extend thanks to everyone who has contributed to and/or has made a pledge to the fireworks as well as town officials for taking the lead on this highly anticipated event. To donate, make checks payable to: FMB Fireworks Fund, c/o Fort Myers Beach Chamber of Commerce, 2450 Estero Boulevard, Fort Myers Beach 33931 or stop by the chamber office. For more information, visit www.facebook.com/fmb.fireworks.fund or email info@fmbchamber.com.

Donations Sought For Park Project

A group on Fort Myers Beach is seeking donations to help build the Gateway to Fort Myers Beach Commemorative Arch at Bowditch Point Regional Park. Restore Fort Myers Beach Arches, Inc. is looking for financial support to add a unique historical structure for both residents and visitors to experience. To donate, visit www.brickrus.com/donorsite/walkthearches or www.mickyds2002.wixsite.com/restorethearches/copy-of-donate.

Historic Downtown

From page 2
mosquitoes and flies that they could fill their mouths and nostrils and suffocate them. Oxen not only provided transportation, but powered sugar-cane mills, plowed fields, hauled timber, constructed roads, and more. The dependable ox was the only animal that was used in the construction of Tamiami Trail through the Everglades. But even the ox had a limit in those awful conditions – usually about two weeks. The next time you stroll through historic downtown, take a moment to silently thank the oxen and other beasts of burden who made incalculable contributions to the town. They, too, were long-suffering pioneers. Then visit the following research centers to learn more about the difficulties of transport in the early days. The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org. Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of Southwest Florida Historical Society, the Fort Myers Press, The Story of Fort Myers by Karl H. Grismer and www.floridamemory.com.

Fort Myers Beach Fireworks Fund

The Fort Myers Beach (FMB) Fireworks Fundraising Committee is working to secure donations to cover the fireworks portion of the town's 2021 New Year's Eve festivities.

The FMB Fireworks fund is a committee of island business owners and residents who are stepping forward to help offset the cost of the holiday fireworks show. The committee anticipates a total cost of \$22,000 for a 18-minute show on New Year's Eve.

The fireworks show off the Beach Pier is an island tradition that thousands of residents and visitors look forward to each

BE A LIFE SAVER

YOUR BEACH VISIT CAN SAVE COASTAL WILDLIFE

ENJOY OUR ISLANDS AND PROTECT WILDLIFE AT THE SAME TIME!

Sanibel and Captiva provide crucial habitat for many sea turtles, shorebirds, and sharks. You can help us protect these species by practicing a few easy wildlife-friendly habits.

Check out our beach tips by visiting SanCapLifeSavers.org or simply scan the code.

PERSONALIZED ADDRESS PLAQUES

- Weatherproof PVC
- Up to Six Numbers

Order at www.naturebrackets.com (Free Shipping) • 239.454.1001

Lee Health Implements Robotic Surgery

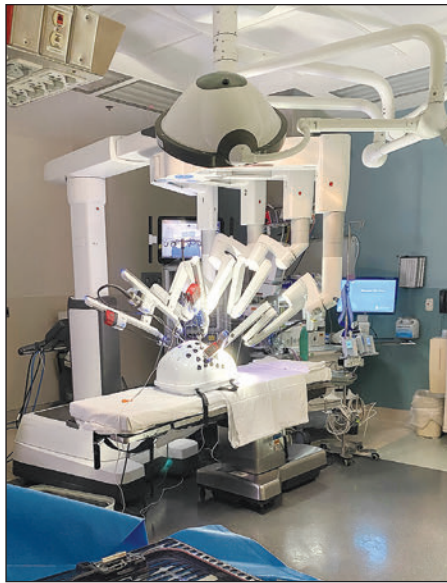
While already in the hospital for sepsis, Gabe Jolivet underwent a routine magnetic resonance imaging (MRI) scan and received news that was anything but routine – he had cancer. Radiologists found a mass on Jolivet's pancreas. As his physician began planning treatment, Jolivet learned he was a candidate for da Vinci robotic surgery, an innovative approach to minimally invasive surgery.

"I feel really blessed; everything went so smoothly," said Jolivet. "When I think about what the alternative could have been – a large incision, more pain, a longer stay in the hospital – I realize just how lucky I am. Surgeons were able to remove the entire mass, and I'm doing great."

Jolivet is one of the many patients in Southwest Florida to benefit from Lee Health's robotic-assisted surgery program, which features the most advanced technology in the field of robotic surgery – the da Vinci Xi Surgical System.

The da Vinci robot is designed to help surgeons perform minimally invasive surgeries, such as colorectal surgeries and unique surgeries in the areas of gynecology, urology, ear nose and throat and general surgery.

Lee Health recently expanded its innovative robotic program by adding da



The da Vinci Xi Surgical System

photo provided

Vinci robots to all of its four acute-care hospitals, bringing the total number of machines from two to six.

"We wanted to create a true program of excellence in robotic surgery for the patients we serve in our community," Dr. Jonathan Velez, chief physician and operations executive for Gulf Coast Medical Center. "Now that we've increased our robots, we've seen a lot of local patients remain local. They don't have to travel outside of the region to get this kind of innovative surgery. We've also attracted surgeons from all sorts of specialties to train on the robots. What

the da Vinci does is nothing short of amazing."

The procedure is performed entirely by a surgeon who controls the system. The tiny wristed instruments on the da Vinci move like a human hand, but with a greater range of motion. The da Vinci vision system also delivers highly magnified, 3D high-definition views of the surgical area. The instrument size makes it possible for surgeons to operate through one or a few small incisions,

and the instruments are designed to give surgeons greater reach during surgery.

The benefits include faster recovery times, less pain, less use of narcotics and fewer patients who have to leave the community to get this type of surgery.

The da Vinci robots were funded by the Lee Health Foundation thanks to donors in the community, including Lex and Eileen Roulston. To learn more about Lee Health's robotic surgery program, visit www.leehealth.org.✱

Organization Offers Training In Spanish

Family Initiative, an autism and child welfare community services organization based in Cape Coral, recently became the first organization in Florida to present vital caregiver trainings for Spanish speaking families.

Trust-Based Relational Intervention (TBRI), is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI uses empowering principles to address physical and environmental needs, connecting principles for attachment needs and engagement, and correcting principles to disarm fear-based behaviors. While the intervention is based on years of attachment, sensory processing and neuroscience research, the heartbeat of

TBRI is connection.

"We are excited to expand support for Spanish-speaking families," said David Brown, president and founder of Family Initiative. "We're working everyday to remove barriers for healthy families."

"There aren't many Spanish-speaking TBRI practitioners," said Rosali Costas, TBRI practitioner and family specialist in family initiative's Miami office. "Hispanic and Latino communities deserve the opportunity to gain the skills and knowledge that TBRI can provide."

Spanish-language TBRI caregiver trainings were hosted virtually and in collaboration with the Citrus Family Care Network, Miami's lead agency for child welfare. The program is part of Family Initiative's mission to support the whole family and arm caregivers with the tools they need to be successful, whether they are foster, adoptive, or biological parents.

To learn more about all of Family Initiative's programs, visit www.fi-florida.org.✱

Collaboratory Scholarships

Collaboratory's scholarship application process for the 2022-23 school year is now open. All scholarships require the Free Application for Federal Student Aid (FAFSA) form available at www.fafsa.gov.

More than \$1 million in scholarship money is available through more than 100 scholarships for local high school students, adult learners, undergraduate and graduate students from Charlotte, Collier, Glades, Hendry and Lee counties. Last year, one in four students who applied received a scholarship from the foundation.

Students can now apply through Collaboratory's online portal at www.collaboratory.org. The scholarship application process will close January 12 at 5 p.m. Students may review the scholarships available online as well as a tutorial about how to create and submit the online application. Students may apply for multiple scholarships and have the ability to upload transcripts, a letter of recommendation and the FAFSA Student Aid Report.

Educators, mentors, parents and students can find resources to complete the FAFSA at www.fafsafirst.org. For more information about how to contribute to Collaboratory's scholarship funding opportunities, visit www.collaboratory.org, email scholarships@collaboratory.org or call 308-1214.✱



KEY LIME HONEY VODKA




Filtered to Perfection!
100% Gluten Free
Flavored with ALL NATURAL KEY LIMES AND...

PURE RAW HONEY →

Discover the world's first Key Lime Honey Vodka!

Cut Rate Liquors - Cape Coral
Liquors and More - North Fort Myers
Total Wine and Spirits - Fort Myers, Estero, Naples
Shores Liquors
Liquor Wine & Smoke Shop at Fiddlesticks
A to Z Liquor
Lehigh Liquors
Dr. Watson's Liquor Store - Pine Island
Sydney & Bern Davis Art Center
Edison Restaurant, Bar & Banquet Center
Or Order online...Now Shipping to 31 states!



"A spectacular new exhibition of high-resolution seashell photographs would also have given Rembrandt oceans of artistic inspiration."
 –Forbes.com


IN FOCUS

PRECISION PHOTOGRAPHY
OF EXTRAORDINARY
AND UNCOMMON SHELLS

ShellMuseum.org/in-focus


SPECIAL EXHIBITION

Open May 29 through Nov 28
Free with admission




3075 Sanibel-Captive Rd., Sanibel, FL
 (239) 395-2233

Open Daily
10 a.m.-5 p.m.



LEE COUNTY
TOURIST DEVELOPMENT COUNCIL



BAILEY-MATTHEWS
NATIONAL SHELL MUSEUM

Book Review

The Family Plot

by Di Saggau



In the opening sentence of *The Family Plot*, the narrator tells us she was named Dahlia after the Black Dahlia, an actress who was gruesomely murdered. Her siblings were also named after other

murder victims, including her twin brother Andy (the name of Lizzie Borden's father). The family is obsessed with true crime. As they gather to bury their patriarch, they discover another body in his grave and horrifying secrets are exposed.

Dahlia has long been unable to move beyond her past, especially the disappearance of her twin brother Andy when they were age 16. When she returns to the house she has avoided for years, a terrible discovery is made. Buried in the reserved plot for her father is the body of Andy, his skull split open with an ax.

We learn from the start that the siblings' entire childhood was twisted and warped. Their mother homeschooled them, and everything they learned had to do with murders and their victims. Also, there was a serial killer in their area, the Blackburn Killer, who murdered many women over 20 years and was never



image provided

caught. As Dahlia grapples with her grief and horror, she soon realizes that her family and the mansion itself may hold the answers to what happened to Andy.

The story is intriguing and the author provides many clues as to who is the killer, yet it's not a complete surprise when we finally learn the truth. *The Family Plot* will draw you into what seems like a spider's web of death and you will follow each thread as it leads to one devastating truth after another. The

book is a twisted delight. You might even be tempted to read it twice to see what you missed the first time.*

School Smart



by Shelley M. Greggs, NCSP

Dear Readers,

The word gratitude has become ubiquitous. It's everywhere, on T-shirts, posters and even coffee mugs. Despite the almost generic use

of the word, it doesn't diminish its power. Research shows that when children exhibit gratitude, it's the behavior that most closely correlates with life satisfaction and happiness for that child. It's also linked to less stress and depression and more optimism, critical attributes for all children to develop.

Positive Psychology says that the best teachers of gratitude are practitioners of gratitude, and that parents are the best teachers of gratitude for their children. Teaching kids about gratitude is an important job. Start by discussing the concept of gratitude and figure out what your children think gratitude means and then you can teach them more about it. Help them understand that gratitude is about focusing on what is good in our lives and being thankful for all the things we already have. Children need to understand that gratitude is more than just saying "thank you."

Here is some valuable information about gratitude from Hofstra and Cal State universities where psychologists have identified evidence-based strategies for encouraging gratitude in children. Thankfulness and gratitude are highly correlated behaviors and important for adults and children.

Further, with gratitude comes more engagement in school and the surrounding community, better social support offered and received, and less envy and materialism exhibited by the child

Below are some suggestions that will help you to cultivate gratitude with you children:

Role model gratitude and teach your kids to think gratefully – Express gratitude often by speaking it, writing it, gifting it. Make sure your children know that demonstrating gratitude is an important value of yours. You can help your child think gratefully by encouraging him/her to consider the benefits they get from others' kindness and gestures, and what those acts cost the giver.

Be present and empathetic with your child – Spend time when you're fully present, enjoying each moment, and ready to express empathy and understanding. Demonstrate empathy. Research says empathy is "the most important emotion for developing gratitude."

Nurture their strengths – Doing so builds confidence. Confidence builds self-appreciation, which makes it easier to see and appreciate things around you.

You may want to encourage your children to directly use strengths like writing, speaking well, being kind-hearted to show gratitude.

Encourage them to accumulate growth, not gadgets – Materialistic goals, when met, rarely lead to genuine gratitude. When you encourage a child to focus on developing deeper connections with people or the community and on pursuing experiences that pique their interest and help them achieve growth, it's much more likely to foster gratitude.

Give them a hand in lending helping hands – Encourage your child to look for opportunities to help others, again role modeling it yourself as a closely held value. This is one of the most direct routes possible towards encouraging gratitude.

Help them find what matters to them – When kids find something that's important to them, something bigger than themselves, like a social issue, cause, or form of service, they realize they're a part of something more important. Gratitude comes from an appreciation of that larger picture and what they can do to affect it.

As parents, we can only do so much to influence our children the way we want. Helping them to understand and practice gratitude will be one thing both you and your children will be thankful for always.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.*

Local Manages College Play

Summer Meade of Fort Myers held the position of assistant stage manager for the recent Hamilton College fall theatre production *10 Out of 12* by playwright Anne Washburn. Meade, a sophomore, is a graduate of Canterbury School.*

From page 1

Holiday Shopping

taken on the day it is purchased. Every piece is priced at \$150 and below.

The 15th annual Festival of Trees will be held during the same time in the Grand Atrium. Presented by Publix Super Markets Charities, Festival of Trees is a holiday event where the trees are decorated and filled with items donated by local businesses to help raise money for Goodwill Industries of Southwest Florida and the Sidney & Berne Davis Art Center. For more details and full schedule, visit www.fortmyersfestivaloftrees.com.

Gallery hours are Monday through Thursday from 10 a.m. to 5 p.m. and most Fridays from 10 a.m. to 10 p.m.

Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.sbdac.com or call 333-1933.*

EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development



Available at
www.Amazon.com
www.OutSkirtsPress.com

THOMAS P. HALL
ROBIN C. TUTHILL, EDITOR

"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

Funds Approved For Incubation Program

The SWFL Enterprise Center (SWFEC) Incubation Program has received an amount not to exceed \$20,000 from the Fort Myers Community Redevelopment Agency (CRA). The funds will be used to engage Dr. Peter Ocsody of PreneurDomain to develop an incubation program for SWFEC.



Peter Ocsody

SWFEC currently runs various trainings for small business owners to gain basic knowledge of developing a business, learn some of the fundamental skills including bookkeeping and some practical training like pre-construction, general construction and auto repair.

"These are good and useful training courses, but somewhat lacking the programmatic nature of an incubator," said Ocsody. "As entrepreneurs are at different stages of development, an incubator program needs to be able to provide appropriate training at the varied entrepreneurial evolutionary stages. Those evolutionary steps need to connect so that entrepreneurs can move through development stages as their business becomes more mature."

Ocsody said many of the entrepreneurs applying to participate are not yet ready for an incubator program. Therefore, a pre-incubation (ideation

stage through basic prototype but no sales of product/service yet) series of workshops or courses are required so that a more qualified pipeline of entrepreneur candidates can be produced for the incubator program.

The Southwest Florida Enterprise Center Incubation Program will offer programs of different length including six months, one year and two years, according to the maturity of the enterprise as well as programs for different types of entrepreneurs. There are trades-based entrepreneurs (profession- or trades-based small business development), social entrepreneurs (social impact focused, triple-bottom-line and b-corps) and potentially venture entrepreneurs (requiring some level of original innovation). Facilities will be available for enterprises that participate in the incubator program, and every participant business will have set key performance indicators (KPI) to achieve, so their performance is closely monitored on a quarterly basis. Extending participation will be connected to performance measures.

As a lifelong entrepreneur, Ocsody has developed and advised businesses on three continents over 25 years. He has been working with entrepreneurial startups and intrapreneurial innovation labs, growing and scaling projects and ventures in his entire career.

In 2019, Ocsody began working with the SWFL Community Foundation and Collaboratory as its chief strategy and operations officer. He served in that role for two years devising the Everest Strategy and making it operational at Collaboratory providing numerous programs and services to the regional community.✧

Public Relations Fundraising Toy Drive

The Southwest Florida Chapter of the Florida Public Relations Association (FPRA) will hold its 2nd annual Merry Givemas Toy Drive from now until December 9. The toy drive benefits the Children's Advocacy Center of Southwest Florida (CAC).

In memory of Janet Wilson, a long-time chapter member, public relations professional and media representative in Southwest Florida, this annual toy drive provides the opportunity to carry out her legacy and spread some holiday joy by donating new, unwrapped toys and small denomination gift cards to the CAC, a 501(c)(3) nonprofit organization that provides a coordinated response to child victims of abuse and neglect.

Drive donations may be dropped off at the following Southwest Florida locations:

Florida Gulf Coast University, Reed Hall – 10501 FGCU Boulevard South, Fort Myers;

Florida SouthWestern State College, Building AA – 8099 College Parkway, Fort Myers (donation box is located by

the stairwell near Starbucks);

Mercola Market – 125 Southwest 3rd Place, Cape Coral (donation box will be available in the market during store hours);

Priority Marketing – 12140 Carissa Commerce Court, Suite 201, Fort Myers;

Pushing the Envelope – 2402 Bay Street, Unit 106, Fort Myers; and SWFL, Inc. – 25071 Chamber of Commerce Drive, Bonita Springs.

Donations may also be picked up on request as well as shipped directly to the local FPRA chapter. For more information or to arrange pickup or shipments, email pr@fpraswfl.org.✧

Nonstop Service To Manchester

Spirit Airlines is offering new nonstop service to Manchester, New Hampshire (MHT) at Southwest Florida International Airport (RSW). Spirit will operate the service four times weekly.

For more information, visit www.spirit.com. For more information about Southwest Florida International Airport, visit www.flylcpa.com or www.facebook.com/flyrsw.✧

Science Center Honors Founder

Marilyn E. Smith was honored recently for her leadership in establishing the Imaginarium Hands-On Museum for children in Fort Myers some 25 years ago. She was honored at the IMAG History & Science Center 25th Anniversary Benefit Gala, held on November 13.

IMAG Executive Director Matt Johnson and the IMAG Board of Directors conceived the Marilyn E. Smith Inspiration Maker Award to honor and acknowledge Smith and, in subsequent years, those who would make a significant and lasting difference for others at the IMAG with their gifts of inspiration, imagination and innovation.

Although the IMAG History & Science Center had its beginnings as the Imaginarium in July of 1995, Smith originally had the idea to create an interactive children's museum in 1989. Then in the early 1990s, a group of volunteers including Smith, Mayor Wilbur Smith and Councilwoman Veronica Shoemaker imagined the museum on an industrial site, previously the City of Fort Myers water treatment facility, vehicle fleet fueling operation and a coal-to-gas conversion plant.

In 1994, with funding secured, Smith's vision started to become a reality. The water tower was painted yellow, red and blue, and emblazoned with the Imaginarium logo. Ground was



Marilyn E. Smith

photo provided

broken and construction began on the museum to open the next year. Later, following a merger with the Southwest Florida Museum of History in 2017, the Imaginarium was renamed the IMAG History & Science Center.

The Marilyn E. Smith Inspiration Maker Award was designed and fabricated in the Rist Family Foundation FabLab at the IMAG center using state-of-the-art technology and tools stemming from Smith's original vision to create hands-on learning experiences.

The IMAG History & Science Center is located at 2000 Cranford Avenue in downtown Fort Myers. For more information, visit www.theimag.org.✧

BECOMING A FLORIDA RESIDENT IS EASY!

ESCAPING YOUR FORMER STATE'S TAXING AUTHORITY IS THE HARD PART!

GET YOUR FREE GUIDE TODAY!

LEARN HOW STATES TRAP YOU EVEN IF YOU'VE DECLARED FLORIDA RESIDENCY!!



floridaestateplanning.com/escape



CRAIG R. HERSCH
Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA



MICHAEL B. HILL
Florida Bar Board Certified Wills, Trusts & Estates Attorney



HAYLEY E. DONALDSON
Wills, Trusts & Estates Attorney, CPA



SHEPPARD LAW FIRM
ATTORNEYS AT LAW
SHEPPARDLAWFIRM.COM

Main Office: Fort Myers | 9100 College Pointe Ct. Fort Myers, FL 33919
Sanibel & Naples by Appointment | 239.322.3831

Will Power

Roots Of Entitlement



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Dan Sullivan, founder of the Strategic Coach program, says that “so long as you can write a check to solve a problem, it’s not a problem.” I found comfort in his advice since common, everyday worries tend to bother me.

But it wasn’t always so.

While growing up, money was tight, so writing a check to solve problems wasn’t possible. If I wanted something, like concert tickets, a car, a college (or law school) education, I had to work (or borrow money) to achieve that goal.

Admittedly, as a young man, I was resentful of my friends who had check-writing capable parents. Looking back, however, I appreciate having to face and overcome difficult challenges, as it forged me into the man I am today.

It wasn’t until I reached my 40s that I earned the financial resources to solve problems using Sullivan’s method. Just about that time in my life, my own children entered their formative years. Addressing an issue that is germane to others with means, should we write checks to solve our children’s problems? Is that the appropriate strategy for our progeny?

I deal with this very issue in my estate planning practice every day. Clients worry about fostering entitlement attitudes within children and grandchildren, asking me how their trust documents might address these concerns. Loving parents pay for college and post-graduate educations, overseas study and down payments for first homes. Because of my personal background, I understand those who want to pave a smoother road for their children than the one they traveled.

But is it beneficial to write checks to buffer our children’s difficult and challenging life experiences?

In an interview with *The New York Times Magazine*, clinical psychologist Becky Kennedy emphatically states, that’s not a good idea. She was asked, “How do I not have an entitled kid?” She answered, “...entitlement, what does that mean? It’s the entitlement not to feel frustrated. Because when a kid is like, ‘You didn’t get me a first-class ticket,’ it’s not that they expect ‘first class’ so much as they feel that they shouldn’t have to be frustrated.”

Dr. Kennedy’s point is that to raise a child to healthy adulthood, parents shouldn’t sweep away frustrations, rather they should allow the child to experience them, forcing them to cope. “...When the distress light goes on, we want to operate on a dimmer. If you think about all the worst adult coping mechanisms, they are an attempt to turn a feeling off, not an attempt to dim,” notes Dr. Kennedy.

Everyone has feelings of frustration. It’s part of life. But for the child who has never had to deal, it “...must be (like) having a terrifying experience... to feel something they’ve learned that they should never feel. Using money to always avoid disappointment can lead to that,” she said.

It’s useful for parents to be emotionally validating, instead of financially supportive. Ultimately, when frustrating moments come, the child must be able to say to himself, “Oh, this is part of living; I know how to do this,” rather than, “This should not be happening; I have no skills to deal with it.”

Our children are unique human beings, each different from the other, and different from us. Experts write hundreds of parenting books, but aren’t we all just winging it as circumstances warrant? It’s certainly important to hold ourselves accountable, but that also means to let our children be held accountable – or to even fail from time to time.

As much as writing checks can solve short-term problems, allowing our children to build their own emotional capital pays long-term dividends.

©2021 Craig R. Hersch. Learn more at www.floridastateplanning.com.✱

Wine Dinner Fundraiser

The Lee Association of Remarkable Citizens (LARC) 2nd annual fundraiser benefitting The Lori Carroll-Collins Scholarship Fund, Born This Way, will take place at Misty Morning Barn on Saturday, March 19. The April 2021 event raised \$214,000.

The evening will include a five-course dinner created by local chefs, including Mike and Karen Gavala of G3 Catering. News anchor Kellie Burns of NBC-2 and Southwest Florida writer, actor and director Stephanie Davis will emcee the event. Local businesswoman and entrepreneur Diana Willis will chair the event. Marc Collins, Lori’s husband, is the honorary chair.

“The light that Lori Carroll-Collins shined by her presence and universal belief in each person she met has always inspired me,” said Willis. “I am moved to carry Lori’s legacy forward to light the way for others of all abilities. Lori’s impact was limitless; paving the way for others with disabilities and economic limitations the opportunity to thrive. We have a uniquely uplifting evening planned that will inspire all who participate.”

Guests will meet sixth-generation winemaker Clay Mauritson, founder and owner of Mauritson Wines in Healdsburg, California, and taste family-crafted wines paired with each course.

“We could not be more thrilled with the outpouring of generosity and love shown for Lori at our first event,” said Collins. “Although Lori spent her life in a wheelchair, she knew that God made



Diana Willis

her perfectly, and she never saw herself as different. She fought for equal access for herself and others, and did not let the limitations of her body define her life.”

“Lori’s scholarship fund is offering hope to those seeking to maximize their independence and employment success and may have no other means to get the support they need,” said Angela Katz, LARC executive director. “Since August of 2020, Lori’s fund has provided five individuals with scholarships for programs including supported employment and adult day training. We are excited to share their success stories with our community.”

Sponsorships are available. For more information, visit www.larcleecounty.org, call Katz at 334-6285 ext. 210, or email angelakatz@larcleecounty.org.✱

Lee Clerk Hires Resources Officer

Kim Testa-Lazarus has been appointed chief human resources officer to the Lee County Clerk of Court. She brings more than 20 years of experience from the private and public sectors.

Testa-Lazarus is responsible for leading the overall human resources strategy, talent acquisition and leadership development. She also oversees employee education and development, diversity and inclusion, and compensation and benefits.

Prior to joining the Lee Clerk’s office, Testa-Lazarus worked as senior director of human resources for Signet Jewelers, Inc. She also worked as director of



Kim Testa-Lazarus

human resources for the Collier County Clerk of Courts.

Testa-Lazarus holds a bachelor’s degree in business management from Youngstown State University and a master’s degree in business administration from Malone University.

For more information, visit www.leeclerk.org.✱

New Chief Physician

As a practicing physician with Lee Health for more than 20 years, Cherrie Morris, MD, MS, has been appointed as the new chief physician and operations executive for Cape Coral Hospital.

Morris will work alongside Candace Smith, PhD, RN, NEA-BC, chief nursing and operations executive, to provide leadership throughout Cape Coral Hospital.

Morris has been a practicing obstetrician/gynecologist with Lee Health since 1998 and has served as system medical director for obstetrical services since 2019 and as lead physician for Lee Physician Group obstetrics and gynecology since 2014.

She has extensive experience with medical staff leadership and governance through HealthPark Medical Center Medical Executive Committee, Lee Health Credentialing/Privileging Committee, Women’s Services Operational Council, Lee Physician Group Governance Committee and Quality & Peer Review Committee.

Morris received a medical degree



Dr. Cherrie Morris

from Rutgers New Jersey Medical School and a master of science in nutritional biochemistry from Rutgers University.

Dr. Morris completed her residency at the University of South Florida College of Medicine in Tampa.

Additionally, she is currently earning her American Academy of Physician Leaders Certified Physician Executive credential and is an alumni of the Physician Leadership Institute.✱

Honor Society Inducts New Members

The following students from Florida Gulf Coast University were initiated into The Honor Society of Phi Kappa Phi: Tony Barringer, Christopher Blakely, Tracy Elliott, Shawn Feltonm Katherine Green, Jen Jordan, Huzefa Kagdi, Charles Lindsey, Michael Martin, Monique McKay, Long Nguyen, Galen Papkov, Peter Reuter, Mark Rieger, Thomas Roberts, Aysegul Timur, Greg Tolley, Christopher Westley and Tachung Yih.

The inductees are among approximately 25,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi is the nation’s oldest and most selective collegiate honor society for all academic disciplines. For more information, visit www.phikappaphi.org.✱

Top Sponsors Set For Wine And Food Festival

Two top sponsors are in place for the 2022 SWFL Wine & Food Fest benefitting the Southwest Florida Children's Charities, Inc.

Storm Smart Industries has signed on as the presenting sponsor of the event, and California Closets is the Child Art program sponsor for the two-day festival on January 21 and 22.

This year's theme – 25 Million Reasons to Sip Sip Hooray – is in celebration of raising over \$25 million of donated funds in the past 13 years. It honors the power of the community to come together and elevate the future of the local pediatric health care system.

"Achieving this goal could not have been possible without the commitment of sponsors, trustees and donors," said President Ed Bell. "We are proud of the work we have done for the past 13 years, and we will continue to make strides in our pediatric healthcare systems for many years to come."

The two-day event kicks off with chef vintner dinners to be hosted in private luxury homes throughout the region. Honorary chefs will offer culinary creations to be paired with exclusive wines.

The festivities continue with a grand tasting and live auction at Florida SouthWestern State College on Saturday, January 22. Guests will mingle with culinary specialties, sip wine from selected vintners and raise their paddles for the opportunities to take home international travel vacations, luxury and exhilarating experiences and opportunities to fund additional children's causes.

Besides Storm Smart Industries and California Closets, sponsors include Estero Bay Chevrolet, Jet It, Palm Printing of SWFL, HERC Rentals, Stock Development and Synovus. Media partners include *Florida Weekly*, *Gulfshore Life*, *Naples Daily News* and *The News-Press*. To learn more about the 2022 Southwest Florida Wine & Food Fest, visit www.swflwinefest.org.

Lee Medical Centers Earn Top Grades For Safety

HealthPark Medical Center received an "A" in the the Leapfrog Group's Fall 2021 Hospital Safety Grades. Cape Coral Hospital, Gulf Coast Medical Center and Lee Memorial Hospital each were awarded "B" grades. This marks the eighth straight reporting period that all Lee Health Hospitals received a grade of "B" or higher, with HealthPark earning an A grade in six straight reports.

The safety grade assigns letter grades of A, B, C, D and F to hospitals across the country based on the performance in preventing medical errors, infections and other harms. Every Lee Health hospital

earned a raw score over 3.0 on a 4.0 scale, and was within six percent of the 3.202 threshold of earning an A grade. These are the highest standards that Leapfrog has ever applied, benefiting patients by propelling hospitals to new heights in safety practices.

Developed under the guidance of a national expert panel, the Leapfrog Hospital Safety Grade uses 22 measures of publicly available hospital safety data to assign grades to more than 2,700 U.S. acute-care hospitals twice per year. The Leapfrog Group's grading system is peer-reviewed, fully transparent and free to the public.

Children's hospitals are not included in The Leapfrog Group's Spring grades, but Golisano Children's Hospital has been named as a Top Children's Hospital by The Leapfrog Group four times.

For more information, visit www.hospitalsafetygrade.org.

Town Council Reappointments

Current Fort Myers Beach Mayor Ray Murphy and Vice Mayor Rexann Hosafros were reappointed to their leadership roles for the coming year.

Town Councilors also approved the temporary southbound closure of Matanzas Pass Bridge to southbound traffic on New Year's Eve from midnight to 1:30 a.m. This approval is necessary for town officials to apply for a permit through the Florida Department of Transportation (FDOT) to close the bridge for a possible fireworks display.

Chamber Hosting Panel Meeting

Above Board Chamber of Florida will feature an expert panel that will discuss the art of networking during its luncheon meeting at Crowne Plaza Bell Tower on Thursday, December 9 from 11:30 a.m. to 1 p.m.

Fort Myers panelists include Brian Chapman, Jr., CEO of Chapman Insurance; Marilyn Santiago, president of Sunshine Integrated Solutions; Stacey Adams, financial advisor for Alliance Financial Group; and Talisha Faber, associate director of business development at Cushman & Wakefield Commercial Property SWFL.

Cost is \$33 for members and \$35 for non-members before Monday, December 6. After December 6, it is \$35 for members and \$40 for non-members. Lunch is included.

Jonathan Gabel, owner of Priority Business Solutions, is the emcee. Sponsors for the event are Brian Chapman, Jr., CEO of Chapman Insurance Group, and John Huttner, president of David J. Hollinger Associates, Inc. and Hollinger Jobs.

Crowne Plaza Bell Tower is located at 13950 Bell Tower Drive in Fort Myers. To register, visit www.aboveboardchamber.com or call 910-7426.

Waste Pro Driver Five-Time Safety Award Winner

Angel Veloz, a roll-off truck driver for Waste Pro's Fort Myers Division, has become the first driver in the company to earn the coveted \$10,000 Safety Award five times. On November 16, Lee County commissioners recognized him and his family for his outstanding safety record.

Veloz has been a garbage truck driver for more than 20 years, after a fascination with trucks as a child and watching his dad's career in construction and trucking.

As a roll-off truck driver, Veloz collects and hauls trash for several businesses in the Fort Myers/Cape Coral area, with his largest customer being the Southwest Florida International Airport. His exemplary work there led airport officials to approach him to write their safety operation plan for gathering and hauling trash – which the airport follows to this day.

Veloz takes safety and staying focused on the road very seriously. He pledges to his wife every morning he will come home safely at the end of the day and never uses his phone while driving.

Of the \$40,000 he has earned from his previous safety awards, Veloz used all of it to help his children pay for college or buy a home.

"This Waste Pro program has helped



Giomar and Angel Veloz photo provided

me and my family so much," Veloz said. "It's an honor for me to be the first person to earn this award five times."

To earn the award, Waste Pro drivers must go three years without an at-fault accident, injury, or property damage. A similar award of \$5,000 is available to helpers who meet similar criteria.

"This is a historic moment for Waste Pro to recognize Angel on this significant achievement," said Waste Pro President and CEO Sean Jennings. "The solid waste industry is consistently listed in the top five deadliest jobs in the U.S. Angel is setting the standard and leading the way on safety." ✨

CARING MEDICAL FLORIDA & THE HAUSER NECK CENTER

3 UNIQUE SPECIALISTS IN REGENERATIVE & CHIROPRACTIC MEDICINE TREATING:

- CERVICAL SPINE DISORDERS
- CHRONIC NEUROLOGICAL SYMPTOMS
- JOINT AND SPINE PAIN
- OSTEOARTHRITIS
- POST-SURGICAL JOINT PAIN
- SPORTS INJURIES



9738 Commerce Center Ct., Fort Myers, FL 33908 | (239) 308-4725 | CaringMedical.com

Frankly Speaking



by Howard Prager

After what all of us have been through the past two years, I want to share what I'm thankful for from the world of sports. Some of these items may be on your list too.

I'm thankful for a full year of sports without any bubbles or interruptions – only after savoring and enjoying full seasons and some classic finals this past year can I appreciate that even more.

What a great year in baseball, from spring training all the way through the Braves winning the World Series.

I'm thankful that this coming year minor leaguers will start getting some better wages and help to ensure they can have a roof over their heads. How about a year without steroids and drugs being a big issue? An even playing field.

I wish they could put the Field of Dreams game in a bottle and like a genie, open it once a year. The perfect location, the perfect drama, the perfect comeback. May next year's game be as fun.

I'm in awe of Shohei being able to pitch and hit so very well. MVP for the ages. Older rookies who make a huge splash (and hopefully will come back.) I'm talking about you, the Yerminator. (Yermin Mercedes of the White Sox and Frank Schwindel of the Cubs.)

I'm thankful that college football is back,

same time, same places. And to see so many college teams that are always at the top lose (at least) once this season. We're nowhere close to parity, but it does show everyone's human. Upsets. It's why we tune in and watch. Which Goliath can be beaten by a David, or maybe just another Goliath. True in all sports, but I feel especially that in college sports.

I'm hopeful the Cincinnati Bearcats will make it into the FBS this year.

Fans in the stands. For all sports. Enough said. And bands on the field and in the stands. Said as a proud NUMBalum (Northwestern University Marching Band alum.)

The NCAA Tournament being played in the cradle of college basketball, Indianapolis (and yes, there was limited seating, but at least fans were there). The Baylor Bears winning their first NCAA basketball championship. Or 102-year old "mascots" who can inspire a bunch of 18-year-olds. Thank you Sister Jean of Loyola.

The emergence in prime time of women's sports (the WNBA and Women's Professional Soccer). With great playoffs as well.

The first woman GM in baseball. The Milwaukee Bucks winning their first NBA Championship. And the classy guy in the middle of it all, Giannis. Nice to see a superstar who is down to earth.

The Tokyo Olympics. I said they should not be held without fans in the stands. Tokyo proved me wrong, as I watched so many elite athletes have their chance to set world records.

The Paralympics showing true grit for so many athletes who deserve all the recognition they can get, for they worked

to overcome physical hardships to perform so incredibly well.

Whether you love or hate Tom Brady, he's shown he has competitive powers into his 40s at least. They may have to have a Hall of Fame wing for "Pops" Brady whenever he's had enough.

Lightning can strike twice. Congrats to Tampa Bay for repeating in the Stanley Cup.

A video of Tiger Woods taking a swing at a golf ball with the words "Making Progress." It's the first time we have seen anything like that since his horrific car accident in February.

Thanks to the many tennis players who called on China to let Peng Shuai free. Shuai, a No. 1-ranked doubles player, went public with her allegations of sexual assault against Zhang Gaoli, a leader of the Chinese Community party's ruling Standing Committee. It was feared that her allegations would end her tennis career. Until this weekend, she had not been seen or heard from.

Today's good news story is from *As It Happens* and several media outlets about mountain climbing. "Dierdre Wolownick says it's never too late to start a new hobby. And she should know. Wolownick started climbing at the age of 60 in an effort to be closer to her son, Alex Honnold, a world-famous climber and star of the documentary *Free Solo*. Now, 10 years later, she's scaled the formidable El Capitan rock formation at California's Yosemite National Park for the second time, on her 70th birthday. "You have to think about where I was 10 years ago. I was lumpy. I was working all the time. I didn't have time for this. I didn't think I could do it," Wolownick told *As It Happens* host Carol Off. "But you never know until you go try. You know, it turns out that you could do anything you set your mind to if you just approach it by baby steps, you know, just backwards engineer what you want to do." Wolownick is believed to be the oldest woman to ever reach the summit of El Capitan. In doing so, she beat her own record, which she set on a climbing expedition there with her son when she was 66. FYI: Gerry Bloch claimed the title of oldest person to climb El Capitan in 1999 at the age of 81." Thanks to my publisher Lorin Arundel, for giving me a chance to share my points of view and some angles of sports that the daily press may not cover. And thanks to you for reading!

In an earlier column, I reported on former baseball manager Clint Hurdle's daily encouragement email. This week he shared this from Melody Beattie: "Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend."

Happy Thanksgiving friends. *Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.**

Apply For Red Sox Scholarships

The Boston Red Sox Foundation will once again be awarding \$5,000 scholarships in the spring of 2022 to one student from each of the 14 public high schools in Lee County.

For the first time, all Lee County charter schools and advanced learning schools will be added, with one \$5,000 scholarship also being awarded to a student from this category for a total of 15 scholarships worth \$75,000.

Applications are available at www.redsoxfoundation.org/leecounty scholarship. The deadline to apply is January 7. All applications should be submitted to flscholarships@redsox.com.

The scholarships are for academically talented students who have shown a commitment to community service and are pursuing a two- or four-year degree at any college or university.

Scholarship funds are raised annually from proceeds of the Red Sox annual Swings for the Sox Golf Tournament. To date, Swings for the Sox has raised more than \$497,000 for local charities and, specifically, \$437,175 for the scholarship program.

"The Red Sox Foundation continues its commitment to providing the funds for these scholarships," said Brennan Whitley, senior manager Florida business operations for the Boston Red Sox. "Our 10th annual Swings for the Sox golf tournament was once again a huge success in our efforts to raise more money for these scholarships."*

Groups Mesh For Manatee Safety

The Florida Fish and Wildlife Conservation Commission (FWC) and the U.S. Fish and Wildlife Service (Service) are working to address a manatee unusual mortality event (UME) along Florida's Atlantic coast. To facilitate logistics and enhance existing efforts for the winter 2021-22 response, the Service and the FWC are standing up a joint incident management team under the emergency response Incident Command System (ICS).

Shannon Estenoz, assistant secretary for fish and wildlife and parks for the Department of the Interior, and FWC Chairman Rodney Barreto met to discuss their agencies' manatee conservation efforts already well underway in response to the UME in light of an FWC November 17 announcement indicating 1,003 manatees – more than 10 percent of Florida's estimated population – have died since the start of 2021.

Responding to the UME requires the joint efforts of numerous federal, state and private partners including the Service, the Florida Department of Environmental Protection, St. Johns River Water Management District, Indian River Lagoon National Estuary Program, Brevard County and Florida Power and Light. The ICS is a standardized approach to the command, control and coordination of emergency

response that provides a common hierarchy that enhances the effectiveness of the response.

"Service and FWC staff, along with the Manatee Rescue and Rehabilitation Partnership, have been actively responding to the UME and are further strengthening their response as this unprecedented emergency continues to unfold," said Estenoz. "Setting up a joint incident management team within the ICS framework strengthens the work already underway by streamlining administrative processes and by ensuring responders have the resources they need when and where they are needed."

Researchers have attributed the UME to starvation due to the lack of forage in the Indian River Lagoon. Historically, the lagoon has provided essential habitat to manatees year-round, and during the colder winter months many manatees depend on warm water refuges in this area. The goal for resource managers is to restore the Indian River Lagoon to a healthy state, which will benefit manatees and other wildlife.

People can help manatee conservation by reporting injured, distressed or dead manatees to the FWC Wildlife Alert Hotline at 888-404-3922. More opportunities to help can be found at www.myfwc.com/manatee and click on "Support Manatee Conservation."

For more information on the Atlantic mortality event visit www.myfwc.com/manatee and click on "Learn More" at the top of the page. *

SPORTS QUIZ

1. NASCAR drivers Darrell Waltrip, Ricky Rudd and Ricky Craven won a combined 20 races driving a colorful car sponsored by what brand of laundry detergent?
2. Name the documentary filmmaker who directed *Baseball* (1994), *Jackie Robinson* (2016) and *Muhammad Ali* (2021).
3. What Miami University RedHawks standout was selected by the Minnesota Timberwolves in the first round of the 1999 NBA Draft?
4. What track and field event is traditionally held in April in Des Moines, Iowa?
5. Who scored the lone run in Game 6 of the 1995 World Series to clinch the championship for the Atlanta Braves?
6. What Toronto Maple Leafs player died in a plane crash in 1951 and was not recovered until 1962?
7. "The War on the Shore," "Battle of Brookline" and "Meltdown at Medinah" are famous events in the history of what golf competition?

ANSWERS

1. Tide. 2. Ken Burns. 3. Wally Szczerbiak. 4. The Drake Relays. 5. David Justice. 6. Bill Bantilo. 7. The Ryder Cup.

Doctor and Dietician

Change: Love It Or Hate It?



by Ross Hauser, MD
and Marion Hauser, MS, RD

As most readers know, 2020 was a year of change for Caring Medical. We closed our Illinois office, moved equipment and staff to Florida, hired an upper cervical chiropractic physician specialist, and opened the new Hauser Neck Center in the building next door to our first building after a complete overhaul and renovation of the building. More change is on the horizon for our team. In preparation for our new Cone Beam CT (CBCT) Scan, we needed to make even more changes to our original building.

Because we are wholistically-minded, we walk to the beat of a different drummer, thus, change happens frequently, having tried many different treatment modalities to better help our patients, striving to learn and seek better ways of doing things.

As we were discussing the upcoming plans with our team, it came to light that not all people are lovers of change. In fact, many people hate change. Change can lead to chaos if not planned well. But, in our opinion, change allows for new chances, growth and challenges. If change makes you want to run for the hills, have you thought about why? Do you worry about what "might happen?" Do you fear failure? It might be a good idea to examine those thoughts.

When starting in business, we learned early that implementing change for

optimal outcomes occurs using a more structured approach versus just making decisions randomly. The changes can have far-reaching effects on the company as well as the team. To best manage change, here are four principles of change management from Mind Tools Content:

1. Understand change. Know why you are making the changes so that you can convey how the change will impact others positively.
2. Plan change. Effective change does not happen by chance. Think about what successful change looks like and what goals are needed to produce it.
3. Implement change. How exactly are you going to make the change? Ensure everyone involved knows what is needed to produce successful change.
4. Communicate change. Make sure your changes are clear and relevant so that people understand and embrace what they need to do and why.

Are you facing some major change? Starting a huge construction project, helping your kids through major life events, encouraging an aging parent to find ways to embrace some age-related physical challenges, or choosing a different career path?

Sometimes change involves a decision that was made freely and, other times, it's something that happened without our input and now forcing us out of our normal routines. Either way, embracing change and planning out how it is going to happen will make the process a lot easier.

Oh, and you may be wondering what a Cone Beam CT scan is! This new technology will help us visualize our patients' heads in 3D showing any abnormalities that may be blocking blood flow from the brain, such as enlarged styloid processes. More to come on that...

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

dearRPharmacist

Bizarre and Important Recalls You Should Know



by Suzy
Cohen, RPh

Dear Readers:

Some product recalls are easy to understand because they're supplements that are contaminated with drugs, for instance. But others

are a little bizarre like exploding bottles. Recently, there's been a flurry of recalls by the U.S. Food & Drug Administration (FDA) and today's article is to make you aware.

For more information about anything you read here, you can do one of two things: visit my website (www.suzycohen.com) where I have a link to each recall directly and provided more information; or visit www.fda.gov and search the specific product. In no particular order:

Odor-Eaters – These are widely sold foot spray products that are useful for fungus and foot odor control, and there are other names that this product goes by like "stink stoppers." Over 40 different lot numbers of various Odor-Eaters products were recalled in November 2021 due to the presence of benzene, which is categorized as a human carcinogen. No reports of adverse events have been reported thus far.

Curry Powder brand "Salma" or "Casablanca" – It may contain peanut residue and some people are highly allergic to peanuts, and experience life-threatening anaphylaxis. The label failed to disclose this.

Red, Yellow or White Onions – There were recalled in October, due to the potential presence of salmonella which can cause diarrhea, fever, stomach cramps and subsequent dehydration.

Onions by various different brand names were recalled, meaning millions and millions of onions are contaminated.

Dietary Supplements by Nutracap – These were recalled due to undeclared milk on the labels. There was no illness, but the company is taking a precaution to alert consumers of the potential presence of dairy in their vast array of supplements (sold nationwide) because some people experience severe reactions to dairy proteins.

Salmon Lox in different brands: Aqua Nova, Tony's and North Coast – This was a voluntary recall due to the potential contamination of *Listeria monocytogenes*, which can cause serious infections.

Candida Flush, a dietary supplement made by Mountain Meadow Herbs – 54 bottles of their formula with lot #0120011Q, a precautionary recall because one bottle was found to 'explode' for lack of a better word, upon opening. In a bizarre twist of fate, the bottle had apparently become too pressurized over time, while in storage or during transit.

MaryRuth's Liquid Probiotics for Infants – Sold nationwide through Target, Amazon and a private website. Two lots were recalled due to the possibility of contamination of *Pseudomonas aeruginosa*.

Hand Sanitizer by American Screening – Voluntarily recalled because they look like water bottles. This poses a risk to people who might accidentally mistake it for a beverage.

Methocarbamol 500mg made by Bryant Ranch Prepack – Lot #163935 is being recalled because it contains 750mg of the drug, not 500mg.

Chantix by Pfizer – Smoking cessation medicine was recalled over the summer due to the presence of nitrosamine in some of the pills.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Superior Interiors

Transform Home For Holiday Greetings



by Marcia Feeney

Merry Christmas, happy Hanukkah, blessed Ramadan and Kwanzaa greetings! It's the time of year when our families all come together to share the wonderful

holidays. What better time to transform your home into its best celebration mode.

Here are but a few suggestions to give

your home a cozy and festive glow:

Dress up the front door with a floral wreath or colorful holiday arrangement and light the walkway with luminaries or plenty of outdoor lighting.

The foyer deserves special attention since this is the where the first impressions are made. The front hall must be welcoming with good lighting and perhaps a holiday arrangement on the hall table. Mirrors and candlelight will brighten a foyer nicely, and a rich oriental rug can add a luxurious touch. Perhaps this is the year to consider an elegant wall covering in your entryway. Holidays are the time of year to display your most elaborate accessories in all their glitzy glory.

Since family and friends usually settle into the living or family room, careful attention should be paid to the arrangement of your furniture. Is the furniture grouped for the best conversational arrangement? Is there

plenty of room to traverse the area? Are there easily accessible places for elderly guests to sit?

In the dining room, your goal should be a stimulating ambiance for dining, conversation and fun. Drape the table with festive holiday linens. For an enchanting combination, cover your table with two tablecloths, a richly colored solid base cloth topped with a beautiful sheer cloth sprinkled with "sparkly things" appropriate for the holiday. The centerpiece should be special but low-profiled since you don't want it to be a detriment to conversation. Candlesticks are perfect. Mixing and matching your china and silver pieces can be a charming and eclectic way to experience those special heirlooms.

If your family likes to gather in the kitchen (and whose doesn't?), make sure there are attractive accessories such as bowls of fruits, candies, pastries, or flowers in view. Keep a kettle of "aroma

punch" on your range top to provide that special holiday aroma throughout your home.

If you are expecting overnight guests, make them feel welcome by enhancing the guest room with fresh flowers or potpourri. Holiday-themed throw pillows on the bed add a cozy dimension. A good reading light and water carafe by the bed are thoughtful touches. Remember to put out plush towels and extra toiletries for your guests.

There are dozens more ways to make your guests and family feel at home for the holidays. Put your own family's customs into everything you do. Preparing to welcome friends to your home is a lot of fun and ensures a memorable visit for you and your special guests.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecaden.com.**

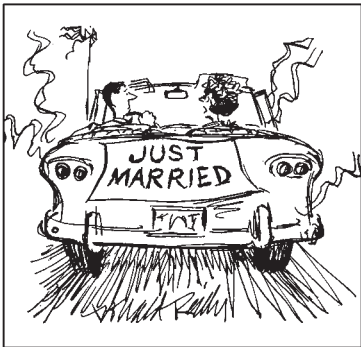


- Emergency 911
- Lee County Sheriff's Office 477-1200
- Florida Marine Patrol 332-6966
- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- HealthPark Medical Center 1-800-936-5321
- Ft. Myers Chamber of Commerce 332-3624
- Foundation for Quality Childcare 425-2685
- Fort Myers Beach Chamber of Commerce 454-7500
- Fort Myers Beach Library 463-9691
- Lakes Regional Library 533-4000
- Lee County Chamber of Commerce 931-0931
- Post Office 1-800-275-8777
- Visitor & Convention Bureau 338-3500
- ARTS
- Alliance for the Arts 939-2787
- Arts For ACT Gallery & Studio 337-5050
- Art League Of Fort Myers 275-3970
- Barbara B. Mann Performing Arts Hall 481-4849
- BIG ARTS 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Cultural Park Theatre 772-5862
- Edison Festival of Light 334-2999
- Florida Repertory Theatre at the Arcade 332-4488
- Florida West Arts 948-4427
- Fort Myers Harmonica Band 610-653-7940
- Fort Myers Symphonic Mastersingers 288-2535
- Gulf Coast Symphony 489-1800
- Harmony Chorus, Charles Sutter, Pres 481-8059
- Naples Philharmonic 239-597-1111
- The Schoolhouse Theater 472-6862
- SW Florida Symphony 418-0996
- Theatre Conspiracy 936-3239
- Young Artists Awards 574-9321
- CLUBS & ORGANIZATIONS
- American Legion Post #38 239-332-1853
- Angel Flight 1-877-4AN-ANGEL
- Animal Refuge Center 731-3535
- American Business Women Association 357-6755
- Audubon of SWFL <https://www.audubonswfl.org/>
- Caloosahatchee Chapter DAR 482-1366
- Caloosahatchee Folk Society 321-4620
- Cape Chorale Barbershop Chorus 1-855-425-3631
- Cape Coral Stamp Club 542-9153
- duPont Company Retirees 454-1083
- Edison Porcelain Artists 415-2484
- Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
- FM UDC Chapter 2614 728-3743
- Friendship Force Of SW FL 561-9164
- Garden Club of Cape Coral 239-257-2654
- Horticulture and Tea Society 472-8334
- Horticultural Society 472-6940
- Lee County Genealogical Society 549-9625
- Lee Trust for Historic Preservation 939-7278
- Navy Seabees Veterans of America 731-1901
- Paradise Iowa Club of SWFL 667-1354
- Sons of Confederate Veterans 332-2408
- Southwest Florida Fencing Academy 939-1338
- Southwest Florida Music Association 561-2118
- Kiwanis Fort Myers Beach 765-4254 or 454-8090
- Kiwanis Fort Myers Edison 694-1056
- Kiwanis Fort Myers South 691-1405
- Iona-McGregor 482-0869
- Lions Club Fort Myers Beach 463-9738
- Lions Club Fort Myers High Noon 466-4228
- Lions Club Estero/South Fort Myers 898-1921
- Notre Dame Club of Lee County 768-0417
- Organ Transplant Recipients of SW Florida 247-3073
- POLO Club of Lee County 477-4906
- Rotary Club of Fort Myers 332-8158
- Sanibel-Captiva Orchid Society 472-6940
- United Way of Lee County 433-2000
- United Way 211 Helpline (24 hour) 211 or 433-3900
- AREA ATTRACTIONS
- Bailey-Matthews National Shell Museum 395-2233
- Burrough's Home 337-9505
- Calusa Nature Center & Planetarium 275-3435
- Edison & Ford Winter Estates 334-7419
- Fort Myers Skate Park 321-7558
- Imaginarium Hands-On Museum & Aquarium 321-7420
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Koreshan State Historic Site 239-992-0311
- Langford Kingston Home 239-334-2550
- Ostego Bay Foundation Marine Science Center 765-8101
- Skatium 321-7510
- Southwest Florida Historical Society 939-4044
- Southwest Florida Museum of History 321-7430
- True Tours 945-0405

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 23



"Isn't it about time you
_____ in this heap?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Deal
RATED _____

Bonus
DRAWER _____

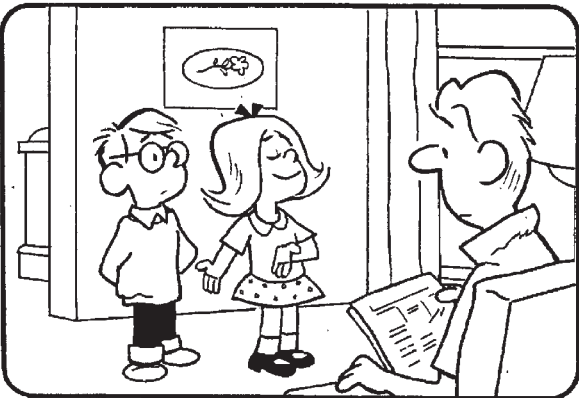
Keep
NEARIT _____

Ignite
LINKED _____

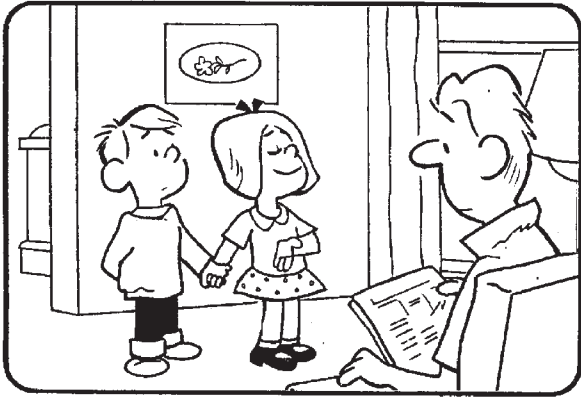
TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Flower is reversed. 2. Children are holding hands. 3. Collar is missing. 4. Hair is different. 5. Glasses are removed. 6. Socks are shorter.

4					9	2		5
			3		6		4	
	9	8	2			6		
	4					3		5
2			5			4		
		9		7				1
	7	2		1			9	
	1				4	3	7	
6			9					8

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

ON THE
BUTTON

- ACROSS
- 1 Whiteboard
wipers

8 Ballpark
figure

16 Ballpark
figure

20 "Working
Girl" actress
Griffith

21 Device
guiding a
train off its
track to avoid
a collision

22 Wed. follower

23 Functional
again after an
outage

25 Gas: Prefix

26 "Do Ya" rock
gp.

27 Salty Greek
cheese

28 Figure skater
Midori —

29 "The
Pleasure —
Company"
(Fred Astaire
film)

30 Musical key
with two
sharps: Abbr.

32 Brief
hesitation
to let words
hang in the
air

38 Napoleon
exile site

42 Milan locale

43 Designer
McCartney

44 Symbol used
twice after
"http:"

48 Guys who
read gas or
water gauges

50 Open space

51 Dwayne who
played Dobie
Gillis

53 Apt to snoop

54 Really mean

57 Rat- —
(knock noise)

58 Certain choir
voice

62 Summer hrs.

63 Phenomenon
in hypnosis

67 Inedible kind
of orange

69 Christmas
seasons

70 Whac- —
(carnival
game)

71 Emily
Dickinson
poem with
the line
"Meek my
Vive le roi"

78 Greek letters
before xis

79 Henchman of
Captain Hook

80 Eerie sign

81 Get 40 winks

82 "New Jack
City" actor

83 Actor Gavin

86 Birds of
a given
region

88 Eyelash
cosmetics

92 Periodical
datum
indicating
years

95 Dog collar
jinglers

96 Duelist Burr

97 Radiation
units

98 Guernsey's
archipelago

102 Intl. oil group

106 Queen, in
Madrid

107 Counterparts
of egos

108 Skating leap

112 Pep rally cry

113 Writer Sarah
— Jewett

114 Device on
which you
might see the
first words
of seven
answers in
this puzzle

120 Molson, e.g.

121 Government
bureaus

122 Deny

123 Little
whirlpool

124 Put limits on

125 Possibilities

DOWN

1 Plant firmly

2 Ruler's land

3 Tinfoil maker

4 Cinch —
(Hefty brand)

5 Sufficient, in
dialect

6 In season

7 Bench, e.g.

8 Actor Byrnes

9 Sun. homily

10 Mr. Capote,
to his friends

11 Bond creator
Fleming

12 Make smaller

13 Samuel of
justice

14 Certain choir
voice

15 Unit of work

16 Newspaper
employee

17 A ship's
steerer has
control of it

18 Ear or heart
part

19 Isolde's love

24 Get 40 winks

29 Repeatedly

31 Sabbath
observers,
collectively

33 Feel crummy

34 Actress
Hagen

35 Kimono tie

36 K thru 12

37 Lordly home

39 Cato's lang.

40 Singer Mars

41 End in —
(finish even)

44 Groups of
devotees

45 Arboreal
marsupial

46 Paraphrase

47 Zaire's
Mobutu —
Seko

48 Business
school subj.

49 'Zine online

52 Resulting in
something

55 "Here, have a
sample"

56 "In — face!"

58 \$ dispenser

59 Little big cat

60 Part of TNT

61 Bad rating,
perhaps

63 Furry friend

64 Mel's Diner
waitress

65 D.C. VIPs

66 — Diego

68 "Fancy that!"

72 Laryngitic

73 Urban rec
facility

74 Toon frames

75 Sports group

76 "When will —
learn?!"

77 Think aloud

82 "You are not!"
rebuttal

83 Carta lead-in

84 Roundish

85 Nick Jr. girl

87 "Fee, fi, fo,
—!"

88 Bacterium,
e.g.

89 Stuck

90 Soiled

91 Certain food
factory

93 Actor
Chaney

94 German
conjunction

96 Green-light

99 Loyal
subject

100 Just kills time

101 — -mo

103 Utah city

104 Use as a
surface for a
meal

105 Munches on

109 Reverse

110 Journey

111 Gusto

114 Pothole-filling
stuff

115 Outdated
RCA product

116 Sundial's "3"

117 Brief
moment

118 Suffix with
hobby

119 — tai
- | | | | | | | | | | | | | | | | | | | | | | |
|-----|----|----|----|----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | | 16 | 17 | 18 | 19 | |
| 20 | | | | | | | | 21 | | | | | | | | | | 22 | | | |
| 23 | | | | | | | | 24 | | | | | | | | | | 25 | | | |
| 26 | | | | 27 | | | | | | | | 28 | | | | 29 | | | | | |
| 30 | | | 31 | | | | | 32 | 33 | 34 | 35 | 36 | | | | 37 | | | | | |
| | | | 38 | 39 | 40 | 41 | | 42 | | | | | | | 43 | | | | | | |
| 44 | 45 | 46 | | | | | 47 | | | | | | 48 | 49 | | | | | | | |
| 50 | | | | | | | | | | 51 | | 52 | | | | | | | | | |
| 53 | | | | 54 | | | | 55 | 56 | | | 57 | | | | | 58 | 59 | 60 | 61 | |
| 62 | | | | 63 | | | | | | 64 | 65 | | | | | 66 | | | | | |
| 67 | | | 68 | | | | | 69 | | | | | | | | 70 | | | | | |
| 71 | | | | | 72 | 73 | 74 | | | | | | 75 | 76 | 77 | | | 78 | | | |
| 79 | | | | | 80 | | | | | | 81 | | | | | | | 82 | | | |
| | | | | 83 | | | | | | 84 | 85 | | | 86 | | | 87 | | | | |
| 88 | 89 | 90 | 91 | | | | | | | 92 | | 93 | 94 | | | | | | | | |
| 95 | | | | | | | | 96 | | | | | | | 97 | | | | | | |
| 98 | | | | | | 99 | 100 | | | | | | | 101 | | | | 102 | 103 | 104 | 105 |
| 106 | | | | | | | | 107 | | | | | | 108 | 109 | 110 | 111 | | 112 | | |
| 113 | | | | | 114 | | | | | 115 | 116 | 117 | 118 | | | | | 119 | | | |
| 120 | | | | | | | | 121 | | | | | | | | 122 | | | | | |
| 123 | | | | | | | | 124 | | | | | | | | 125 | | | | | |
- King Crossword
- ACROSS

1 Up to

4 Platter

8 Scoop holder

12 Olympics
chant

13 Sicilian resort

14 Dryer fuzz

15 Sandal type

17 Pub potables

18 Computer
whiz

19 Dog tags, e.g.

21 PC key

22 Excellent

26 Expire

29 Present loca-
tion?

30 Med. plan
option

31 Perry's cre-
ator

32 — Aviv

33 Hotel worker

34 From — Z

35 "Science
Guy" Bill

36 Segments

37 Kanye West's
music

39 Moonshine
vessel

40 Japanese
sash

41 Narcotic

45 Volition

48 Sound of
hoofbeats

50 Tom Joad, for
one

51 First-rate

52 Onassis nick-
name

53 Marries

54 A deadly sin

55 Moment

9 Tin Man's
need

10 SSW oppo-
site

11 UFO crew

16 Stage

20 Ten, in Dijon

23 "— she
blows!"

24 Skip

25 Spacecraft
compart-
ments

26 Wife of Jacob

27 Intro studio
class

28 Fall into a soft
chair

29 Spelldown

32 Not out of the
ordinary

33 Wizardry

35 San
Francisco's
— Hill

36 Thing on a
string

38 Bagel features

39 Unites

42 Regrettably

43 Rent

44 Grand tale

45 Dazzle

46 White House
nickname

47 Cover

49 Baseball's
Gehrig

DOWN

1 Clump of
grass

2 Capri, e.g.

3 Secular

4 Sully

5 Cove

6 — -Cat

7 Domed
building in
Washington
D.C.

8 Purse fastener

100 Just kills time

101 — -mo

103 Utah city

104 Use as a
surface for a
meal

105 Munches on

109 Reverse

110 Journey

111 Gusto

114 Pothole-filling
stuff

115 Outdated
RCA product

116 Sundial's "3"

117 Brief
moment

118 Suffix with
hobby

119 — tai
- MAGIC MAZE ● TOUGH —
- F H D A X U R P M J G D A X V
S Q N C K I F D A X V T Q O M
J H F U C A Y W R U K R P G N
L J H S F D B E M I R C N O Z
X V T T R Q H O L L M I U K I
H F R O W T O H O E D D B L Z
Y W C M A V T S V D I T R Q O
N K A E R B S U E L K K T I H
F D L R O W D L O M D C O A Z
X S L I A N S A W T I V P O U
A S R Q O N M K J I I T S H C
- Find the listed words in the diagram. They run in all
directions forward, backward, up, down and diagonally
Unlisted clue hint: FEELINGS OF DEEP AFFECTION
- As leather

As nails

Break

Call

Cookie

Customer

It out

Loss

Luck

Old world

On crime

Row to hoe

Sledding

Spot

Times



Wild Turkey Cottage Pie

photo courtesy Fresh From Florida



Wild Turkey Cottage Pie
2 cups cooked wild turkey meat, diced or shredded
1 ½ cups green beans, cooked until tender crisp
1 ½ cups sweet corn, cooked and cut off the cob
1 cup carrots, cooked
1 cup brown gravy (homemade or store bought)

2 cups mashed potatoes (homemade or store bought)
Sea salt and fresh ground pepper, to taste
Preheat oven to 350 degrees and spray a baking dish with quick release spray. Beginning with the turkey and in a layering fashion, spoon each ingredient over the next, finishing with the mashed potatoes (the order of ingredients is discretionary except for the turkey and mashed potatoes). Bake 30 minutes until the mashed potatoes are golden brown. Serve warm. Fresh From Florida food fact: Sheppard's Pie traditionally uses lamb meat as the protein. When any other meat is used, it is referred to as Cottage Pie.✪

PETS OF THE WEEK



Sabrina ID# A883990 photos provided Lee County Domestic Animal Services

Sabrina And Fancy

Hello, my name is Sabrina. I'm a blue 6-year-old female terrier mix. I'm the resident "Velvet Hippo." This petite pittie can rock a tu-tu and hang with the boys while doing it. I'm a happy girl, and I'm always smiling. I have quickly become a favorite at Animal Services because of my sweet temperament. My adoption fee is \$20.
Hi, my name is Fancy. I'm a calico



Fancy ID# A462884

6-year-old female domestic shorthair. I'm beautifully coated and have a spirited personality that is typical of a calico cat. I'm a super senior who will bring you years of fun and love with my antics and quirky behavior. My adoption fee is \$10, and you can adopt a feline friend for me at no additional charge.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.✪

My Stars ★★★★★
FOR WEEK OF NOVEMBER 22, 2021

Aries (March 21 to April 19) This is a good time to let that intrepid Aries temperament take charge. Your strong leadership will help settle those still-unresolved situations. Support comes from a surprising source.
Taurus (April 20 to May 20) Your problem-solving talents shine as you move to cool down heated emotions. You also inspire trust in all parties when you act with careful consideration of their feelings.
Gemini (May 21 to June 20) That long-delayed commitment begins to look better to you. But there's still a crucial fact or two you need to know about it. A health problem needs to be taken care of.
Cancer (June 21 to July 22) Don't waste time trying to learn why someone you relied on is wavering in his or her support of your stand on a workplace issue. Move on with the help of more steadfast allies.
Leo (July 23 to August 22) Relationships enter a brighter period,

both at home and in the workplace. Prospects also look good for single Leos and Leonas, who can expect a welcome visit from Cupid.
Virgo (August 23 to September 22) Those mixed signals that were complicating your life are giving way now to clear, definitive guidelines. This makes it easier for you to weigh your options and make decisions.
Libra (September 23 to October 22) Ask your partner for an explanation of what seems to be a sign of strain in your relationship. The sooner you understand the problem, the sooner you can both act to resolve it.
Scorpio (October 23 to November 21) A new challenge in the workplace holds an exciting promise for the future. But be aware of the fact that you haven't been told about all the demands you might have to meet.
Sagittarius (November 22 to December 21) Your financial picture brightens as you get into sorting out realistic goals and those that are not reachable at this time. "Caution" remains your fiscal watchword.
Capricorn (December 22 to January 19) You're deep into your

new project, and that's just fine. But don't neglect your family and friends. Spending time with people you care for is always a wise investment.
Aquarius (January 20 to February 18) Past feelings are suddenly reawakened. This could make you emotionally vulnerable. Be careful about decisions you might be asked to make at this time.
Pisces (February 19 to March 20) You've come to a place where you'll be facing important decisions that can affect your future. Rely on your strong moral compass to guide you toward making the right choices.
Born This Week: You're gifted with both natural wisdom and wit – a good combination for success as a writer or teacher and, most importantly, a parent.

MOMENTS IN TIME

• On December 2, 1777, Philadelphia housewife and nurse Lydia Darragh single-handedly saves the lives of Gen. George Washington and his Continental Army when she overhears the British planning a surprise attack.

The British were stunned to find the army waiting for them the next day.
• On December 5, 1872, a British brig spots the Mary Celeste, an American vessel, sailing erratically near the Azores Islands with not a soul onboard. The last entry in the captain's log was dated 11 days earlier.
• On December 4, 1945, the U.S. Senate approves full U.S. participation in the United Nations. A resolution designed to force the president to get congressional consent before approving U.S. troops for any U.N. peacekeeping forces was defeated.
• On November 30, 1954, the first modern instance of a meteorite striking a human being occurs in Alabama when an 8.5-pound meteorite crashes through the roof of a house and strikes a woman. She was not permanently injured.
• On December 3, 1984, an explosion at a Union Carbide pesticide plant in Bhopal, India, leads to the worst industrial accident in history. At least 2,000 people died and another 200,000 were injured when toxic gas enveloped the city. Plant workers had

continued on page 22



FRIDAY
Sunny
High: 74 Low: 62



SATURDAY
Sunny
High: 75 Low: 65



SUNDAY
Mostly Sunny
High: 74 Low: 63



MONDAY
Cloudy
High: 75 Low: 64



TUESDAY
Mostly Cloudy
High: 77 Low: 65



WEDNESDAY
Mostly Cloudy
High: 76 Low: 66



THURSDAY
Partly Cloudy
High: 72 Low: 60

Redfish Pass Tides

Day	High	Low	High	Low
Fri	4:00 am	12:10 pm	8:13 pm	11:40 pm
Sat	5:25 am	1:04 pm	8:35 pm	None
Sun	7:06 am	1:24 am	8:57 pm	1:53 pm
Mon	8:42 am	2:38 am	9:20 pm	2:38 pm
Tue	10:05 am	3:36 am	9:44 pm	3:18 pm
Wed	11:19 am	4:27 am	10:11 pm	3:53 pm
Thu	12:28 pm	5:17 am	10:41 pm	4:24 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	3:05 am	12:12 pm	7:18 pm	11:42 pm
Sat	4:30 am	1:06 pm	7:40 pm	None
Sun	6:11 am	1:26 am	8:02 pm	1:55 pm
Mon	7:47 am	2:40 am	8:25 pm	2:40 pm
Tue	9:10 am	3:38 am	8:49 pm	3:20 pm
Wed	10:24 am	4:29 am	9:16 pm	3:55 pm
Thu	11:33 am	5:19 am	9:46 pm	4:26 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	3:38 am	11:57 am	6:49 pm	10:28 pm
Sat	4:43 am	1:05 pm	7:37 pm	None
Sun	6:36 am	1:21 am	8:17 pm	1:59 pm
Mon	8:23 am	2:36 am	8:54 pm	2:46 pm
Tue	9:50 am	3:35 am	9:31 pm	3:31 pm
Wed	11:02 am	4:30 am	10:07 pm	4:17 pm
Thu	11:57 am	5:22 am	10:43 pm	5:03 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	6:10 am	3:26 pm	10:23 pm	None
Sat	7:35 am	2:56 am	10:45 pm	4:20 pm
Sun	9:16 am	4:40 am	11:07 pm	5:09 pm
Mon	10:52 am	5:54 am	11:30 pm	5:54 pm
Tue	12:15 pm	6:52 am	11:54 pm	6:34 pm
Wed	1:29 pm	7:43 am	None	7:09 pm
Thu	12:21 am	8:33 am	2:38 pm	7:40 pm

PROFESSIONAL DIRECTORY

CONSTRUCTION/REMODELING

COOPER
CONSTRUCTION
Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.
239.454.5699
cooperconstruction@embarqmail.com
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

GENERAL CONTRACTOR

D.BROWN
GENERAL CONTRACTORS LLC
CGC1517615
BBB
A BBB Accredited Business with an A+ Rating
NEW CONSTRUCTION & REMODELS
239-593-1998 | www.dbrowngc.com

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995
"Tell A Friend"
TREE WEST
• Tree Trimming • Tree Removal
• Stump Grinding
239-910-3256
info@treewestflorida.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

WINDOW CLEANING

JC Window Cleaning
239-203-5913
407-902-7845
Juan Penaloza
Residential-Commercial-New Construction
Pressure Washing, Window Cleaning and
Gutter Cleaning
LICENSED and INSURED
jccpcleaning@aol.com / jccpwindowcleaning.com

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE
ISLAND HOME SERVICE
P.O. Box 1050 • SANIBEL • FLORIDA 33957
WWW.ISLANDHOMESERVICE.COM
INFO@ISLANDHOMESERVICE.COM
PHONE: (239) 472-5247 • CELL: (239) 229-6366

AIR CONDITIONING

CAC1819960
ALLIED AIR SERVICES
HEATING • VENTILATING • AIR CONDITIONING
Home of The Comfort Club!

FISHING CHARTER

Light Tackle Sport Fishing
Sightseeing • Eco Tours
CAPT. MATT MITCHELL

USCG
Licensed
& Insured
C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

CLEANING SERVICES

Professional Cleaning Services
Residential & Commercial
Construction Clean Up
Interior Windows
Home Watch

Jennifer Watson
(239) 810-6293
brightntidy@gmail.com
Licensed & Insured

Be Their Voice

Adopt-A-Manatee
and Make a Difference



1-800-432-JOIN (5646)
savethemanatee.org
Photo © David Schneider



Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

Mail your tax-deductible donation to:

The Harry Chapin Food Bank
3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007 or donate online at:
harrychapinfoodbank.org

WWW.ALLIEDAIR.BIZ

NOW SERVING
Sanibel & Captiva Islands!

CALL ANYTIME
(239) 217-4111

HVAC SERVICE | REPLACEMENTS
APPLIANCE REPAIR & DIAGNOSTICS
COMMERICAL/RESIDENTAL

*APPLIANCE SERVICES ON SANIBEL AND CAPTIVA.

END OF SUMMER AC TUNE-UP
Have you done your
AC Tune-Up Yet?

From page 20

Moments In Time

failed to act when gauges showed a dangerous build-up of pressure in the tanks.

• On December 1, 1990, over 130 feet below the English Channel, workers drill an opening through a wall of rock, connecting the two ends of an underwater tunnel linking Great Britain with the European mainland. The completed “Chunnel” rail shuttle through the tunnel runs 31 miles and takes 20 minutes.

• On November 29, 2011, Conrad Murray, the doctor convicted of involuntary manslaughter in the 2009 death of singer Michael Jackson, is sentenced to four years in prison. The pop star died after suffering cardiac arrest while under the influence of propofol.

NOW HERE'S A TIP

• Thanksgiving Tip: “Let one person be responsible for putting prep dishes, pots and pans in the dishwasher while another prepares the bird and side dishes for the table. You will be halfway done with dishes by the time the meal is over.” – MA in Washington

• “Bake stuffing in muffin tins for individual servings. Also, if your family is anything like mine, we love the crispy

parts, and everyone will get some this way!” – WG in Mississippi

• “If you host a large family holiday gathering and serve a lot of side dishes, try this trick to them hot while waiting for other items to finish in the oven. Simply cover the bottom of a clean ice chest with a few trivets or a couple kitchen towels, and set casseroles and oven-cooked meats inside. Most people use a cooler to keep things cold, but the insulation works just as well to keep hot things hot... at least for a little while.” – ME in West Virginia

• “An oldie but a goodie, and certainly considerate of dear old Mom: In my family, you come to Thanksgiving dinner with your own plastic containers for leftovers. If you don’t bring your own, you don’t go home with tomorrow’s lunch. Mom instituted this rule after the first Thanksgiving when all the kids had moved out. We practically cleaned her out of Tupperware!” – EY in New Mexico

• Recipe substitution: If you need 1 teaspoon of pumpkin pie spice, use ½ teaspoon cinnamon, ¼ teaspoon ginger, 1/8 teaspoon nutmeg and 1/8 teaspoon ground cloves.

STRANGE BUT TRUE

• “Scotch” used to be a synonym for “thrifty” or “frugal.” When cellophane tape was first invented, it was marketed

during the Great Depression as “Scotch tape” since it could extend the life of objects and save you money.

• A grizzly bear has enough bite strength to crush a bowling ball.

• There is a psychological state called “helper’s high” in which the act of giving produces endorphins in the brain that provide a mild version of a morphine high.

• Table tennis balls can travel off the paddle at a speed of 105.6 mph.

• From 1932 to 1967, there was a casino called the “Bullpen” in a stone building on the grounds of the Nevada State prison in Carson City, where inmates could play blackjack, craps, poker and bet on sports.

• When Frito-Lay introduced a compostable bag for its Sun Chips brand in 2010, consumers noticed that its crinkling and crackling was significantly louder than previous bags – testing, in fact, at 95 decibels, which is about as loud as a motorcycle. It was discontinued in 2011.

• Scientists estimate that the average person is more than five times as likely to die in a hypothetical human species extinction event as in a car crash.

• A man sued Warner Bros. – and won – after he was injured while fainting during a 1974 screening of *The Exorcist*.

• The 700-year-old Starkenberger brewery in Tarrenz, Austria, has seven

swimming pools filled with beer. The brewery, which is housed in an ancient castle, converted the old vats in the fermentation room to pools.

• A 19th-century costume designer invented the horned Viking helmet.

• In 1994, Chicago artist Dwight Kalb made a statue of singer Madonna from 180 pounds of ham.

• Chocolate milk was originally sold as medicine.

THOUGHT FOR THE DAY

“A well-educated mind will always have more questions than answers.” – Helen Keller

TRIVIA TEST

1. **Measurements:** How many dry quarts are in a peck?
2. **Geography:** What’s the name of the island where the Statue of Liberty stands?
3. **Music:** Which composer is known as "The Waltz King"?
4. **Geometry:** What is a three-sided polygon called?
5. **Astronomy:** What is it called when three celestial bodies are arranged in a straight line?
6. **Television:** How many Huxtable children were in the long-running *The Cosby Show*?
7. **Movies:** What’s the name of the

CLASSIFIED

VACATION RENTAL



Cottages To Castles
Unique Vacation Rentals
2427 Periwinkle Way
Sanibel, FL 33957
Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858
www.cottages-to-castles.com

1/26 ★ TFN

Island Vacations
Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277

1/4 ★ TFN

ANNUAL RENTAL

RENTING FOR OVER \$1,500?
Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment.
chip@chipwolfe.com
chipwolfe.com
239-848-0906
REMAX OF THE ISLANDS

6/5 ★ TFN

RENTAL WANTED

ADULT TRIKE STORAGE RENTAL WANTED
Need monthly on-island storage by November 27.
Adult trike 68"L x 30"W x 35"H.
Please call or text
262-893-8800.

11/26 ★ 11/26

Read us online at
www.islandsunnews.com

SERVICES OFFERED

ROGER NODRUFF ELECTRIC
Dock Lighting, affordable LED conversion.
FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc.
Call or text Roger 239-707-7203
State License #13002788

4/20 ★ TFN

HELP WANTED



DO YOU HAVE A PASSION FOR fashion?
JOIN US TODAY



jobs.chicos.com

Chico's at Periwinkle Place, Sanibel
239-472-0202

11/26 ★ 11/26

HELP WANTED

OPC AGENTS PINK SHELL RESORT
We are expanding our marketing department and are looking for 2 outgoing individuals to plug into our dynamic beach marketing team. Earn \$1,000 to \$2,000 per week by inviting guest to attend a 75 minute sales presentation of our unique vacation products. There are three work styles to fit your style. 1) greet and invite guests in our lobby, 2) call and invite guests in their room, or 3) walk the beach in front of our resort and invite whomever you choose. :). Either way, you'll have fun and we provide all the training. We are an easy-going happy workplace with great "working vibes".
Call Mike 407-973-2306.

11/26 ★ 12/3

FULL/PART-TIME SALES ASSOCIATE
Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required.
Please email a resume to
sanibelssole@gmail.com.

11/19 ★ TFN

HELP WANTED

ISLAND PRESCHOOL TEACHERS
The Children's Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours. Competitive salary. Tolls paid.
Please call Nita at 239-472-4538.

10/22 ★ TFN

PUBLIC SERVICE

AL-ATEEN HELP LINE
Are you concerned with a friend or family member's drinking?
Call the 24-hour help line of South Florida Al-Anon
at 941-564-5098 or visit
www.southfloridaal-anon.org.

4/24 ★ TFN

To advertise in the
Island Sun and
The River Weekly News
Call 395-1213

- town in the *Halloween* horror movie series?
8. **Science:** What does the acronym FM stand for?
9. **Literature:** Which famous novel begins with the line, "Happy families are all alike; every unhappy family is unhappy in its own way"?
10. **General Knowledge:** What color is alabaster?

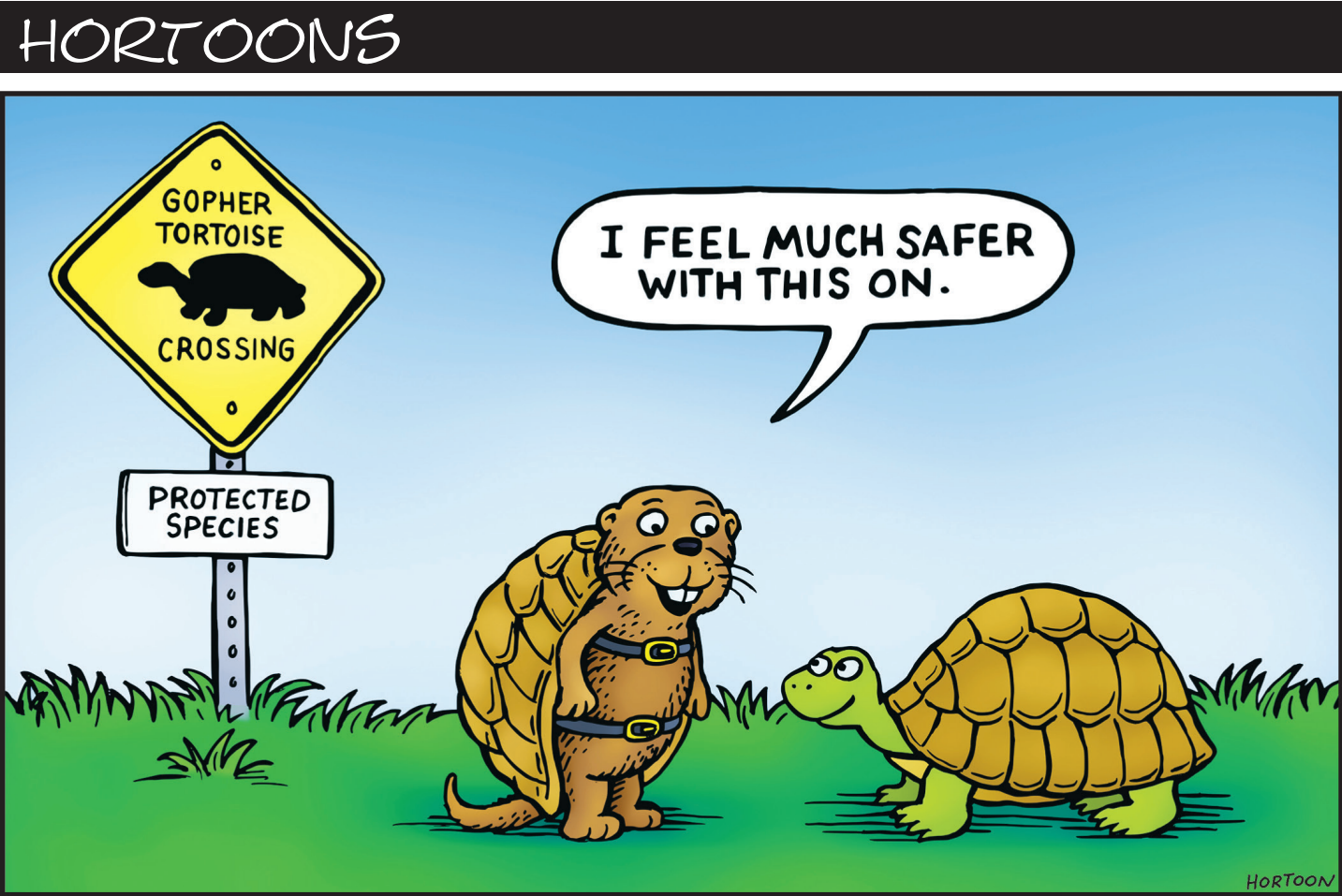
TRIVIA ANSWERS

1. Eight 2. Liberty Island 3. Johann Strauss II 4. A triangle 5. Szyggy 6. Five 7. Haddonfield, Illinois 8. Frequency modulation 9. Anna Karenina 10. White

SCRAMBLERS ANSWER

1. Trade 2. Reward;
3. Retain; 4. Kindle

Today's Word
TRADED



PUZZLE ANSWERS

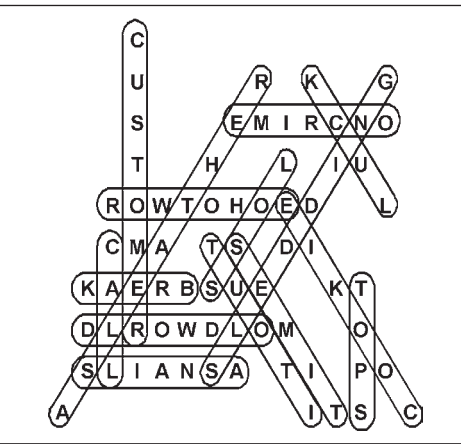
SUPER CROSSWORD

ERASERS	ESTIMATE	STAT
MELANIE	DERAILER	THUR
BACKUP	PANDRUNING	AERI
ELOFETA	ITO	OFHIS
DMAJ	PAUSEFOREFECT	
ELBA	ITALY	STELLA
FORWARDS	SLASH	METERMEN
APERTURE	HICKMAN	
NOSY	NASTY	ATAT
DST	POWEROF	SUGGESTION
OSAGE	YULES	AMOLE
MUTETHY	CORONATION	NUS
SMEE	OMEN	SLEEP
MACLEOD	AVIFAUNA	
MASCARAS	VOLUMENUMBER	
IDTAGS	AARON	REMS
CHANNELISLANDS	OPEC	
REINA	IDS	LUTZ
ORNE	TELEVISION	REMOTE
BEER	AGENCIES	DISAVOW
EDDY	RESTRICT	OPTIONS

KING CROSSWORD

TIL	DISC	CONE
USA	ENNA	LINT
FLIP	FLOP	ALES
TECHIE	IDS	
	ALT	TIPTOP
LAPSE	BOX	HMO
ERLE	TEL	MAID
ATO	NYE	PARTS
HIPHOP	JUG	
	OBI	OPIATE
WILL	CLIPCLOP	
OKIE	AONE	ARI
WEDS	LUST	SEC

MAGIC MAZE



SUDOKU

4	6	1	7	3	9	2	8	5
5	2	3	1	6	8	7	4	9
7	9	8	2	4	5	6	1	3
1	4	7	6	8	3	9	5	2
2	8	6	5	9	1	4	3	7
3	5	9	4	7	2	8	6	1
8	7	2	3	1	6	5	9	4
9	1	5	8	2	4	3	7	6
6	3	4	9	5	7	1	2	8

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	1981	1,968	\$4,750,000	\$4,750,000	0
Bonita Beach	Bonita Springs	1978	2,991	\$4,250,000	\$4,250,000	0
Navona	Miromar Lakes	2016	3,619	\$2,700,000	\$2,700,000	0
Admiral's Isle	Fort Myers	2002	4,171	\$2,450,000	\$2,237,500	40
Edgewater	Fort Myers	1996	4,180	\$1,999,999	\$2,025,000	51
Bayshore Village	Sanibel	2002	3,833	\$1,995,000	\$2,015,000	3
Harbour Cottages	Sanibel	1987	2,232	\$1,999,000	\$1,895,000	1
West Cape Estates	Cape Coral	2016	3,639	\$1,999,000	\$1,850,000	106
Seagull Bay	Bokeelia	1914	3,700	\$1,900,000	\$1,750,000	110
Triple R Acres	North Fort Myers	2020	2,836	\$1,700,000	\$1,680,000	15

From our family of restaurants to you
Happy Thanksgiving!

Our Captiva Location will be open, call for reservations!



**"FOR THE SUN-KISSED &
SUN-DESIROUS ALIKE,
A VACATION ON A PLATE."**

The New York Times
Magazine

   
WWW.DOCFORDS.COM

THE ORIGINAL
YUCATAN SHRIMP!

Visit Our Sister Locations on Ft. Myers Beach
The Dixie Fish Co. & The Whale